



*Photo by Anne Flipp*

*Dragonfly on Hosta flower*

## *Lake Owasso Garden Club*

**SEPTEMBER**

*August 31*, Exceptional Leap Tour, [www.crosspollination.weebly.com](http://www.crosspollination.weebly.com) for details

September 14, Meeting – 6:30 social, followed by program at 7:00 PM

'Gardening Under Trees' Mary Meyer presenter.

Contact - Rebecca Patient if you need more information. 651-647-9034

## *Presidents Message*

State Fair starts in a couple of days, some kids back in school, temperature in the 40's up north and back to months with R in their names. It is time to start saying goodbye to summer.

Summer of 2015

- Many excellent tours and outings arranged by Rebecca, Vatsala, Irene and Angie
- Thank you to Lois, Angie, Theresa and Marty for tours of their very nice yards
- Thanks for another great Flowers for Vets by Rebecca and all who worked so well together
- Another outstanding bed at the Arboretum and good work by the Green Team

Now in September we have to focus on finding a good location for our plant sale. I have a couple possibilities but more ideas would be appreciated.

Thanks to email addresses we will have contact with and retain many of our customers. A new location will bring new business so hopefully it will be a smooth transition.

## *Treasurer's report*

**Balance is \$10,763.51**

## *Dragonflies*

Dragonflies were some of the first winged insects to evolve, some 300 million years ago. There are more than 5,000 known species of dragonflies.

Dragonflies are expert fliers. They can fly straight up and down, hover like a helicopter and even mate mid-air. If they can't fly, they'll starve because they only eat prey they catch while flying. Dragonflies catch their insect prey by grabbing it with their feet and catch 90 to 95 percent of their prey. Some adult dragonflies live for only a few weeks while others live up to a year.

Nearly all of the dragonfly's head is eye, so they have incredible vision that encompasses almost every angle except right behind them.

Dragonflies, which eat insects as adults, are a great control on the mosquito population. A single dragonfly can eat 30 to hundreds of mosquitoes per day.

Hundreds of dragonflies of different species will gather in swarms, either for feeding or migration. Little is known about this behavior.

Scientists have tracked migratory dragonflies by attaching tiny transmitters to their wings. They found that green darners from New Jersey traveled only every third day and an average of 7.5 miles per day (though one dragonfly traveled 100 miles in a single day).

A dragonfly called the globe skinner has the longest migration of any insect—11,000 miles back and forth across the Indian Ocean.

# *Plant 'Imagination'*



*Chelone lyonii 'Hotlips' (Turtlehead)*

**Chelone** (rhymes with "baloney")

Rose-pink flowers perk up the garden when this stunning herbaceous perennial begins to flower in late summer to autumn. Lustrous, coarsely-toothed, lance-shaped dark green leaves add another attractive feature during the growing season. 'Hot Lips' Turtlehead thrives in rich, moist soil and light shade; however, it is remarkably tolerant of dry conditions. This species of Turtlehead is a stiffly erect, clump-forming perennial typically growing 2-3' tall.

It occurs in moist woods, swampy areas and along streams. You may pinch back in May to produce a bushier plant. Flowers purportedly resemble turtle heads. An excellent choice for growing in container's, it is also deer resistant as well as a butterfly host plant. **If you go** to the Minnesota State Fair you will find this plant in full bloom in the Minnesota Water Garden Society garden next to the Horticulture building. I redesigned this garden last year.

# *Taste That!*

## *Maureen's Baked Beans*

### Ingredients:

- 1 (15 ounce) can green beans, drained
- 1 (14.5 ounce) can wax beans, drained
- 1 (15.5 ounce) can butter beans, drained
- 1 (15 ounce) can kidney beans, drained
- 1 (16 ounce) can baked beans with pork
- 1 tablespoon mustard powder
- 3/4 cup packed brown sugar
- 1 tablespoon chili powder
- 1 teaspoon Worcestershire sauce
- 1 (15 ounce) can tomato sauce
- 1 (10.75 ounce) can condensed tomato soup
- 1 (16 ounce) package ground pork breakfast sausage (Johnsonville Italian Sausage Mild)
- 2 medium onions, chopped
- 2 cloves garlic, crushed

In a small roaster or Dutch oven, mix together the green beans, wax beans, butter beans, kidney beans, and baked beans. Mix in the dry mustard, brown sugar, chili powder, Worcestershire sauce, tomato sauce, and tomato soup.

Heat a large skillet over medium-high heat. Brown the pork sausage, crumble, and drain the excess fat from the pan. Saute the onion and garlic with the pork until tender, about 5 minutes. Stir the pork mixture into the bean mixture.

Preheat the oven to 300 degrees F (150 degrees C).

**Bake**, covered, for 3 to 5 hours in the preheated oven, removing the lid for the final 45 minutes



<http://www.crosspollination.weebly.com> Once there, There you will find a link to:

The *Lake Owasso Garden Club* website: <http://www.lakeowassogc.weebly.com>  
On our LOGC website you can link to our **Facebook** site

*Or, you can start out at the LOGC website and go to crosspollination! It's so easy.*

### **Our Google Doc**

[https://docs.google.com/spreadsheet/ccc?key=0AvDTcsB\\_CgstdE81dUVQNEFrblNUSDBWd250QIpGYWc](https://docs.google.com/spreadsheet/ccc?key=0AvDTcsB_CgstdE81dUVQNEFrblNUSDBWd250QIpGYWc)

OUR MEETINGS ARE HELD AT,

**Presbyterian Church of the Way  
3382 Lexington Ave North,  
Shoreview MN 55126**

### *Newsletter submissions*

We welcome pictures (please title, include latin names of plants), news items, and commentary, preferably via email to [raflipp@comcast.net](mailto:raflipp@comcast.net) **Deadline** is by the **25th of each month.** I will try to get the newsletter out on the first of the month.

Also, remember our club's **Facebook** page. It is a great place to post pictures and share what's in bloom.

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