

Lake Owasso Garden Club

May eNewsletter

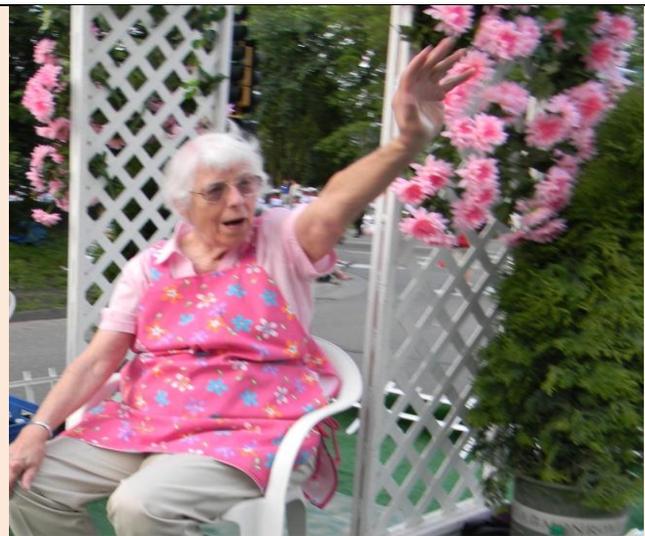


Next Meeting:

May 14, 2018

Location:

Presbyterian
Church of the Way
3382 Lexington Ave N
Shoreview MN 55126



Rose Ann Diestler 5.19.1932 – 4.22.2018

6:30 – Social, Snacks Provided

7:00 – Lecture

May Event Introduction – Flowers For Pollinators

Our own club members, Brianna Gohde and Rebecca Patient will share the latest in research from the University of Minnesota for supporting local pollinators in your backyard in this Master Gardener presentation.

April Event Recap – New Plants of 2018

Our April event was a huge success! Thank you to everyone for inviting friends and neighbors for Debbie Lonnee's presentation, where we learned about some of the new plants to expect this growing season and in years to come. She shared insight about the industry and her role as the product development manager for Bailey Nurseries. Look for the Mayo Clinic 'Flower of Hope™' Coreopsis to add to your gardens!

MAY in **Minnesota**

Average High: 69°

Average Low: 49°

Average Rainfall: 3.35 in

Average Snowfall: 0

May 1, 2018

Sunrise 6:01am DST

Sunset 8:18pm DST

Total Daylight: 14:16 hours

May 31, 2018

Sunrise 5:29am DST

Sunset 8:51pm DST

Total Daylight: 15:21 hours

Presidents Message

What a winter. Now it seems odd to go outside and there is no snow. Little hints of green are poking up here and there. The two week forecast looks like highs around 70 and lows around 55. Good growing weather for perennials to get going for the plant sale.

If things are way behind, we will add a little to our greenhouse order. At May's meeting we will spend a few minutes remembering our dear friend Rose.

Think of any little stories you could share.

Ron Kvass, May 2018

Treasurer's report

Balance as of April 24, 2018

\$11,855.77



Rose's For Rose, Funeral at Peace Lutheran

Secretary's report

Minutes for the April 2018 meeting. Members present: 24 (old members) + 2 (new) Guests: 11

- Ron, welcomed members and guests. Many members brought friends and relatives as guests. Introductions were made followed by a round of applause welcoming the very energetic crowd.
- Patty has a sign-up sheet for the plant sale. Make sure you sign up in any capacity. There is a lot of work involved and we need all the help we can get. Besides working on the plant sale:
 - Volunteers are needed to help pick up plants from the nurseries. A minimum of 5 vehicles to bring the 60 some flats from South Cedar.
 - Volunteers are also needed to care for the plants until the sale day.

This year, weather conditions might make it difficult to get member plants, and we may have to supplement and buy additional plants.

- Debra, Patty and Beth showed the members a colorful poster depicting the annual bed for the Arboretum. The theme is Herbal Kaleidoscope. Using purple corn (millet) in the center and incorporating a variety of herbs like tri colored sage, silver thyme, etc and adding pops of color with Lantana and purple heart, the annual bed is going to be a sensory delight. Please try to make as many trips as possible, and remember to bring family and friends and see how the plants evolve through the summer months. Volunteers are needed to help plant this masterpiece, so please add your name to help with this wonderful project. Sign-up sheet will be coming around. The weather is again the reason for not getting a set date for planting. Normally, it is a week before memorial weekend. The newsletter will have the dates as we get them.
- This year the garden club participates in the flower show in July. The theme is “through the garden gate”. Beth and Patty will have a booklet with all the information that you need to successfully display your horticulture and flower arrangement. They did a quick demonstration to give a visual perspective of information that will be in the pamphlet. It is not as challenging as it sounds, but a lot of fun, so make sure you start getting excited about design. To help with just that, Patty is hosting a design workshop. She is even willing to offer two sessions, so sign up for the morning or afternoon session.
- The Dahlia Society tuber sale, is on April 15th at Backman’s on Lindale from 9 – 3 pm. If you want to get the good ones, try and get there early.
- Federated Quarterly meeting is on Saturday April 21st. Please send in dues of \$15 by April 10th. Check in time is 9:45 and speaker Larry Cipolla will tell you all you need to know about hydroponics.
- Horticultural Society Spring Gala is on April 27th. \$75 if you sign up before April 10th. The gala is at Marriott Northwest and is supposed to be quite a fancy affair.
- Please attend the Art-In-Bloom at the MIA. Ron suggests visiting the Art in Bloom festivities and then stopping for lunch and of course visiting Tangletown Nursery. Ron will send out an email for this event.
- Suggestion for selling excess pots and other garden related items at the plant sale was well received. Members should price the items before bringing it to the sale. All proceeds will go to LOGC fund.
- Dick mentioned that he has had some issues with a few members not getting newsletters by email. He is checking into the technical problems and hopes to resolve it. He will follow up with a test. You may get 2 of the same information. Please let him know how if you got 1 or 2.
- Flowers for Vets – One of our favorite projects, hosted by Rebecca is scheduled for June 14th, Thursday. We leave by 8am. Car pools will be available. Please email her if you are interested. Also, please bring any green foliage (if we get them by June!) to add as fillers to the flowers that are donated by various stores.
- Ron closed the meeting by thanking Kirsten, Wendy and Mary Shannon for providing great treats.
Until next month...

Rose Dietzler

May 1932 -- April 2018

I met Rose over 20 years ago when she joined Lake Owasso Garden Club. She quickly became an active member and took on numerous responsibilities. I worked with her often on our mutual interests in the club flower shows and flower arranging workshops and programs. She was President of LOGC and was very active in the FGCM where she held offices and ultimately became the President of that group. As the leader of that group she traveled to a number of states to cooperate in the efforts of the National Federated Garden Club projects. A number of LOGC members joined her at the FGCM annual meetings and scholarship luncheons. She enthusiastically reported to LOGC about the Federated projects and events.

Rose took classes to complete the requirements to become an accredited Flower Show Judge. We could depend on her to help in planning our club shows and getting the flower show rules correct. Rose entered her floral arrangements in local club shows and the Minnesota State Fair Federated Flower Shows. At times I entered with her and once we hosted the judge's luncheon.

Growing a variety of roses in her yard was her specialty. She entered her prize specimens in flower show completion and she was a member of the Rose Society.

Rose was an active member of Peace Lutheran Church on Victoria St. and Co Rd C in Roseville where she had a number of close friends who gave her support during her illness. She also was a member of the Gavel Club.

Rose was a kind, welcoming person. She was organized and worked diligently and without hesitation to carry out responsibilities or to help others. Each year she made sure that I got my favored FCGM flower arrangement calendar. She was interested in what others were doing. She had a cup of coffee and cookie to share when we met for small project meetings in her home. I will miss Rose, a special gardening friend of mine for many years.

Beth Oelke

Rose's Funeral

**Monday April 30, 10 AM,
Prince of Peace Lutheran Church ,
Victoria and County Road C, Roseville
Light lunch to follow
No visitation prior to service**



Rose Diestler and Ron Kvaas

Did You Know? --- Rose was an actress and performed around town and was involved with the Lake Shore Players. In high school she was a Cheerleader.

Just a reminder **2018 Plant Sale Sign-Up**

CALL PATSY, 651-231-4217

The Plant sale is coming up soon! If you would like to volunteer for set up, during the sale, and take down, please let me know. I know people signed up at the last meeting, but I am embarrassed to say I can't find that sheet. So, here it is again, if you remember the time you signed up for, please email me. I will also take any new sign ups, by email or at the next meeting. Thank you so much, we count on your help to make this a successful sale!

Patsy Costello

Thursday, May 17 set-up at Lois Witzel's house: 1:00 – 3:00 p.m.

6 volunteers (Request drawing of table arrangement in advance of set-up....)

Remember to bring gloves for working with the wooden boards.

Friday, May 18 - each shift could use 4-6 people.

First shift will need someone to put up signs earlier. Ron will need help.

7:45 a.m. – 11:00 a.m. Lorene Roste (cash box) 5 volunteers with 2 cashiers to help with busy start of sale

11:00 a.m. – 2:00 p.m. 7 volunteers with 2 cashiers

2:00 p.m. – 6:00 p.m. 5 volunteers with 1 cashier

Saturday, May 19

7:45 a.m. – 2:00 p.m. 4 volunteers with 1 cashier

2:00 p.m. – 3:30 p.m. clean-up and take-down (Ideally 4-6 volunteers)

plus someone to take down signs. Ron Kvaas will need help.

It is fine to **sign up to work part of any shift**, Thanks for volunteering!

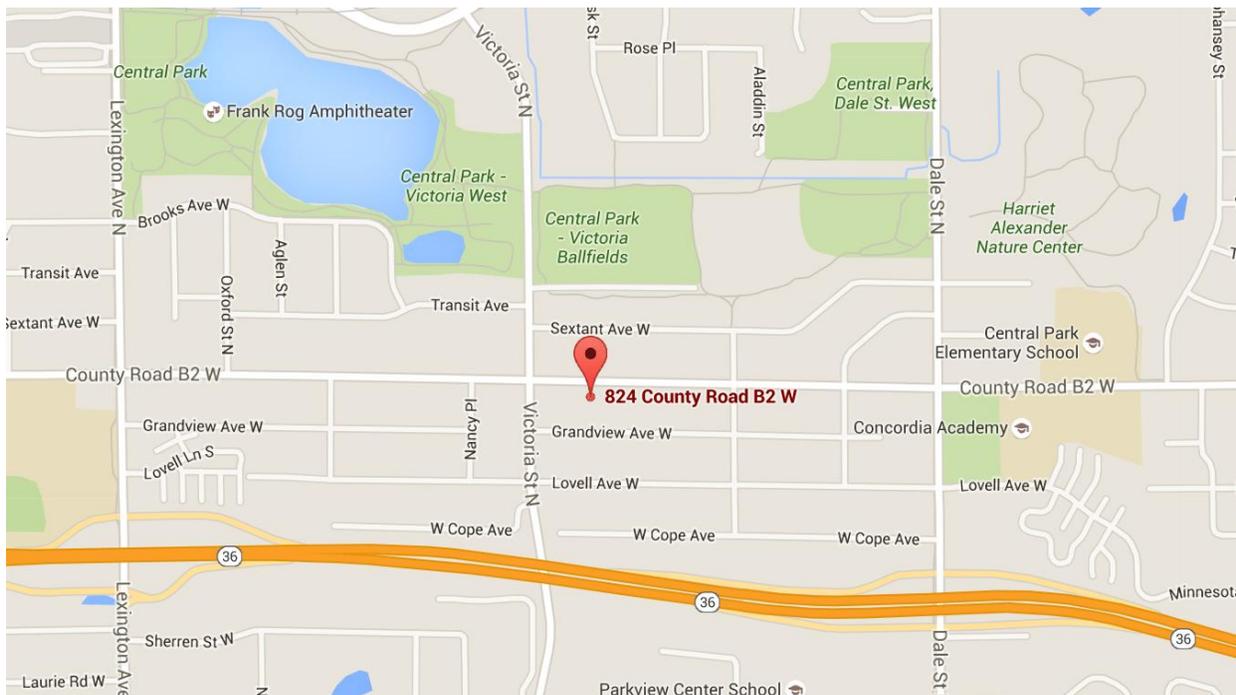
CALL PATSY, 651-231-4217 and tell her when you had signed up and volunteer as much as you can.

cospat17@gmail.com

Lake Owasso Garden Club Plant Sale, 2018

Friday, May 18 8am – 6pm
Saturday, May 19 8am – 2pm

824 County Rd B2 W
Roseville, MN 55113



"Just Add Water"

Articles and Photos by Soni Forsman

'Petunias' for the water garden

Ruellia brittoniana 'Chi Chi' and Ruellia brittoniana 'Purple Showers' are tropical plants with petunia-like flowers that can be grown in the water garden. I have grown 'Chi Chi' for more than five years. Several years ago, I added 'Purple Showers.' Their trumpet-shaped flowers last only one day. However, once they begin to bloom in late spring/early summer there are flowers into September. They bloom best in full sun.

Both grow upright with dark green narrow leaves on purplish stems. 'Chi Chi' attains a height of two-plus feet while 'Purple Showers' grows to more than three. They will tolerate a variety of growing conditions – moist to dry. I have only grown them in water. In the water garden, I place the growing pots so the tops are level with or just above the water's surface. I've read they are deer-resistant.

I first met 'Chi Chi' at a garden center in Rockford, Ill, always a must-stop on our way home from Kentucky. It has unusual plants, garden art, food and houses for the birds, hardgoods, equipment for hydroponic gardening and, of course, aquatic plants and related supplies.

The pink Ruellias were sitting amongst the aquatic marginal plants. The pink petunia-like flowers pictured on the identification tags caught my attention. I had never seen this plant available as a water plant or a terrestrial one. I was curious. Information on its tag read water depth recommended as one-half meaning very shallow or for a bog garden. Worth a try!

A few years ago, 'Purple Showers' appeared on the list of plants available from the wholesale grower of the plants for the Eagan Garden Club's annual sale. Purple has proved to be just as good as pink.

Right now, they are inside resting in a pan of water under a four-foot shop light. I cut the foliage back before bringing in. When danger of frost is past, I will snip back the winter foliage, divide and repot. Looking forward to another summer of pink and purple 'petunias' in my water gardens.



Ruellia brittoniana 'Chi Chi'



Ruellia brittoniana 'Purple Showers'

"Brianna's Kitchen Garden"

Anything Quiche Recepte

Recently, I was hosting a large group of friends for dinner and we thought it would be fun to have breakfast for dinner. Waffles are great and everyone enjoys them; bacon is always a treat. (Side note: Making waffles for 12 people takes a lot of time when you have a tiny waffle iron; Bacon made in the oven is a lot easier than making 12 servings of it in a pan.) But, for all the fun of breakfast, I wanted something savory and something a little healthier to offer. I found this gem of a recipe and was taken by the versatility. Anything could go in here! That makes it a perfect addition to my recipe book, which is filled with recipes that are flexible and allows the cook to modify the meal based on what they have on-hand – preferably from their garden.

I used sautéed mushrooms, leftover spinach-arugula salad mix, onion and garlic along with some "Italian-Mix" shredded cheese. The quiche was very well enjoyed by all. I will definitely make this again!

Ingredients

- 5 large eggs
- 3/4 cup milk
- 1 frozen 9-inch pie shell
- 2 cups fillings (any combination!)
- Shredded cheese
- Chopped cooked vegetables
- Diced cooked meat (deli meat, ground, seafood, poultry)^[SEP]



Instructions

1. Preheat oven to 350° F.
2. Beat eggs in a large mixing bowl.
3. Add filling ingredients and milk. Mix well.
4. Pour mixture into frozen pie crust.
5. Place quiche on cookie sheet and bake on the middle oven rack for 45-50 minutes, or until top is browned and a knife inserted in center comes out clean.
6. Serve with a crisp green salad or maybe some fresh fruit on the side.

Source: <http://www.geniuskitchen.com/recipe/basic-quiche-99254>

Mulch Ado About Nothing

With spring finally putting in an appearance, like most gardeners, I'm ready to get outside. A line of crocuses appeared and began blooming just this week, and I can see the



furry leaves of the Oriental poppies poking through the leaf debris of my flower bed. I grabbed a garden stake and walked around the yard. Pushing it into the soil as deep as I could, I was shocked to see it sink easily down to 4-feet (the length of the stake). Yes, the lawn is thawed. Yes, the flower bed is thawed. Ye--- No, the vegetable bed is still frozen solid. What the heck?

Year ago, I read about the importance of mulching. It looks nice. It keeps the weeds down. Those are reasons enough. Then I learned that it prevents damage to the soil and erosion over the winter months and I very much wanted to protect my fertile vegetable beds. Every fall I negotiate with my neighbor for as many fallen leaves as I can get. I lay them on my garden beds and they act as a blanket for the soil. It prevents the surface from going through the repeat freeze-thaw cycle that our Minnesota winters (and springs) can bring.

What I didn't realize was that it also slows the soil from warming up when it's time. As I prodded with my garden stake, it was most definitely frozen. I pulled out a garden fork and lifted the blanket of fall leaves, frozen together in a sheet of ice, despite a series of 65-70° days. That's some impressive insulation!

Mulch is a wonderful addition to all gardens for many reasons. But if you want your beds to warm up when the warm weather finally arrives, best to throw back the covers and let the sun reach your soil. Now I know better.

Plant "Imagination"

Golden Lights Hardy Azalea

Botanical Name: Rhododendron 'Golden Lights'

The **Golden Lights Azalea** is an outstanding, cold-hardy variety and withstands harsh temperatures down to -30 degrees F! Sturdy, upright branches are covered with large, orange-yellow buds that open up to 1 1/2-in. bright yellow bloom trusses in late spring.



The attractive dark green foliage turns various shades of red during the autumn months. Does best in full sun to partial shade. 3-5 ft. tall shrub has good resistance to mildew, pests and disease.

Zones 4-8

Hardy azalea bred for Northern areas, developed for bud hardiness in Minnesota to survive rough Winters and has successfully proven to be very hardy. Branches are covered with large orange-yellow buds that open to bright yellow bloom trusses each Spring with a light fragrance.

PLANT CHARACTERISTICS:

Somewhat rounded growth habit. Plant loses its foliage in Winter.

Blooms: Late Spring to early Summer for 2 to 3 weeks.

Flower Form: 1 1/2 inch flowers appear in trusses of up to 12.

Soil Requirements: Well-drained, humus enriched, acidic soil. 4.0 to 5.5 pH.

Growth Rate: Moderate growth rate.

Pruning: Prune to shape and remove dead wood after flowering and before new flower buds form in mid-Summer.

Taste That!



5-Minute Grilled Chicken Cutlets With Rosemary, Garlic, and Lemon

A quick marinade performs double duty as a finishing sauce. Cutting the chicken into cutlets makes for record-fast cooking time. Cooking the chicken almost all the way through on one side develops plenty of browned flavor while maintaining juiciness.

Ingredients

3 medium cloves garlic, minced (about 1 tablespoon)
3 tablespoons minced fresh rosemary
2 tablespoons fresh juice from 2 lemons
6 tablespoons extra-virgin olive oil
Kosher salt and freshly ground black pepper
4 boneless, skinless chicken breasts (5 to 7 ounces each), cut into 8 cutlets

Directions

1. **On a gas grill** set half the burners to the highest heat setting, cover, and preheat for 10 minutes. **Clean** and **oil** the grilling grate.

Or, **On a charcoal grill**, **Light charcoal**. When all the charcoal is lit and covered with gray ash, pour out and arrange the coals on one side of the charcoal grate. Set cooking grate in place, cover grill and allow to preheat for 5 minutes.

2.

Whisk together garlic, rosemary, lemon juice, and olive oil in a large bowl. Season to taste with salt and pepper. Transfer half of mixture to a separate container and set aside. Add chicken to the large bowl and turn pieces to thoroughly coat.

3. Place chicken directly over the hot side of the grill, cover, and cook, rotating the pieces occasionally (but not flipping them), until the chicken is almost completely cooked through and only a few pink spots remain on the top side, about 4 minutes. Flip chicken and cook on second side until just done, about 30 seconds. Transfer to a serving platter. Re-whisk reserved marinade and pour it over the chicken. Serve immediately.

2018 Officers

President
Ron Kvaas
rgkvaas@msn.com
651-734-8480

Vice President
Brianna Gohde
brianna.gohde@gmail.com
651-216-5115

Secretary
Dorothy Stewart
dot.stewart@comcast.net
612-240-2015

Treasurer
Lorene Roste
jlroste885@gmail.com
651-647-9597

Editor
Dick Flipp
raflipp@gmail.com
651-484-4123

About LOGC

Monthly Lectures/Meetings (September-May)

Where: Presbyterian Church of the Way
3382 Lexington Ave North,
Shoreview MN 55126

Website

<http://www.lakeowassogc.weebly.com>

There you can link to crosspollination for more clubs and calendar of events.

Facebook

<https://www.facebook.com/Lake-Owasso-Garden-Club-174124202623663/>

Membership

\$25⁰⁰ per year

Newsletter Submissions

Deadline is by the 25th of each month.

The newsletter is released on the first of the month.

We welcome pictures (*provide a title and description, including Latin names of plants*), news items, and commentary. Send content via email to raflipp@comcast.net.



What's going on in the Minnesota gardening world?

Go to: <http://www.crosspollination.weebly.com>

***Once There:** You will find a calendar of events and links to many garden clubs and their Websites, Facebook, Twitter etc.*