

*Lake Owasso Garden Club*

*June eNewsletter*



**Next Meeting:**

## **June Summer Tours**

**Join us for a tour of two Hennepin County Master Gardener home gardens. Barbara Gasterland has grown a prairie in her garden and Barry Schade uses his landscape to develop a shade garden. These two homes are near one another and should be a great contrast to inspire. See you there!**

**Date: Monday 6/11/18**

**Location #1: 6:30-7:15pm**

**Barbara Gasterland's Prairie (272 Vincent Ave N, Minneapolis 55405)**

**Location #2: 7:15pm-8pm**

**Barry Schade's Shade Garden (256 Sheridan Ave South, Minneapolis 55405)**

# MAY -- Event Recap – Flowers For Pollinators

At the May event, Rebecca Patient and Brianna Gohde shared the latest research on the threat to local pollinators and how home gardeners can help by planting flowers in masses and keeping ensuring there is something blooming from April through October. To learn more about which plants to grow and other ways you can help, visit the University's website, <http://z.umn.edu/f4pollinators>. You can also look at this sample Display Garden from University team for ideas about which plant combinations to grow to support bees all season long.

## POLLINATOR DISPLAY GARDEN #1

SPRING



Green Sweat Bee  
*Augochlora*



Cellophane Bee  
*Colletes*



Long-horned Bee  
*Melissodes*

SUMMER



Bumble Bee  
*Bombus*



Leafcutter Bee  
*Megachile*



Mining Bee  
*Andrena*



Sweat Bee  
*Halictus*

FALL

Diversity of Flower Colors and Flower Forms • Overlapping Succession of Flowering Plants Through the Seasons



Large Flowered Beardtongue  
*Penstemon grandiflorus*



Prairie Onion  
*Allium stellatum*



Smooth Ox-Eye  
*Heliopsis helianthoides*



Joe Pye Weed  
*Eutrochium maculatum*



Meadow Blazingstar  
*Liatris ligulistylis*



Zigzag Goldenrod  
*Solidago flexicaulis*



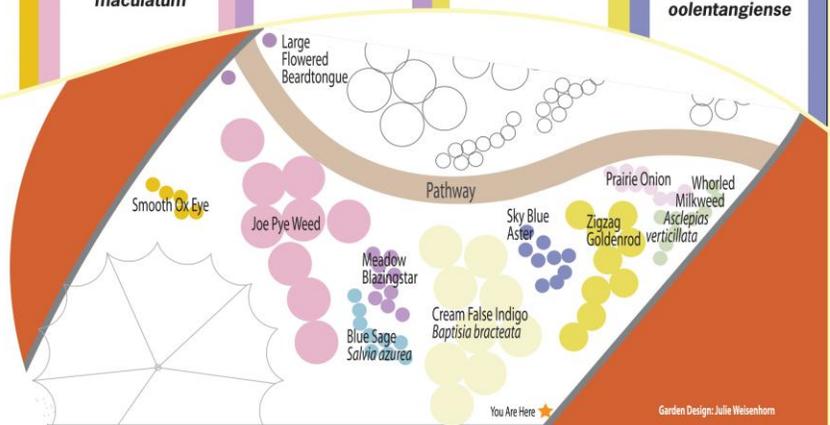
Sky Blue Aster  
*Aster oolentangiense*



Sign Design: Heather Holm  
Photo Credits: Karl Foord & Heather Holm



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**EXTENSION**  
Driven to Discover™



Garden Design: Julia Weisenborn

## **JUNE in Minnesota**

**Average High: 79°  
Average Low: 59°**

**Average Rainfall: 4.25 in  
Average Snowfall: 0**

**June 1, 2018  
Sunrise 5:29am DST  
Sunset 8:52pm DST  
Total Daylight: 15:23 hours**

**June 30, 2018  
Sunrise 5:29am DST  
Sunset 9:03pm DST  
Total Daylight: 15:33 hour**

## **Presidents Message**

This was a very enjoyable Plant Sale. We got some decent weather for a change, a really good selection of plants, and had our usual good member turnout to work all aspects of the sale. Also sold just about everything in two days so the after the plant sale was very minimal this year.

Thank you so much to everyone.

Now we can all just be gardeners, enjoy new plants, watch old friends return and appreciate summer after our prolonged winter.

Looking forward to the tour season.

*Ron Kvass, June 2018*

## **Treasurer's report**

Checkbook Balance May 1	\$11,710.82
Income:	
2 New Members	50.00
Plant Sale*	6,269.20
Subtotal:	\$18,030.02
Expenses:	
Purchase of plants for sale	2,748.75
Change for sale	400.00
Misc. --paper, nametags, etc.	31.73
Speaker Fees	100.00
Subtotal:	3,280.48
Checkbook balance May 31, 2018	\$14,749.54

\*Not all plant sales are included in this number; some member Pre-sales were deposited in April, some are still pending

# *Secretary's report*

## Meeting notes for May 2018

- **Ron started the meeting reminding everyone to sign-up for the most important event of the garden club- our annual spring garden-club plant sale. Lots of vacant spots, especially for Friday. Please call or email Patsy with timings.**
  - **Similar to last year, a white shelter will be set-up by 10 am. Bring your trays of flowers by 1.**
  - **This year we will use the straw system for pricing. We hope it will be a lot easier to manage.**

**If you have tools or pots (in good condition) that you are not using, please bring them to the sale. Sell cheap, put your first name on it so we know who to return it to. (Lois does not want them in her house or yard.)**

**There are posters to hand out at local stores, please feel free to take as many as you want.**
- **Flower show**
  - **Hope everyone picked up the flower show booklet.**
  - **Thanks to Teresa for doing a fabulous job with the book. The beautiful pictures and formatting were done with precision.**
  - **Beth requested that everyone read through the book thoroughly, because it gives details about every rule that must be followed. She went over each page to help understand the importance of following the rules when submitting both horticulture and arrangements. Please call her with any questions and she will be happy to go over it.**
  - **Wendy will call you with information about entry card numbers. She has done this for years and will be ready to answer your questions.**
  - **Remember to start collecting green bottles, ask around, many of the long time members may have extras to share**
  - **When you come to pick up your vases on closing day, please stay and help as needed.**
  - **You will get emails about date and time of classes that Wendy will be offering to help newcomers feel comfortable trying out arrangements.**
- **Flowers for Vets**
  - **This year the flowers for Vets is scheduled for June 14<sup>th</sup> at 8am. Many have signed up already and more are welcome.**
  - **Please remember to bring fillers (hosta leaves, ferns, etc) to add to the flowers.**
  - **Carpools and more information will be forwarded as we get closer to the date**
- **Thanks to Joyce, Anne & Dick and Lois for the delicious treats.**
- **Cheers to our budding master gardeners, Rebecca and Brianna for the information packed presentation. We promise to do our best and make a conscious effort to plant for the bees and birds that help with pollination.**
- **Ron closed the meeting recounting stories about our beloved Rose. As Beth mentioned, it was wonderful to see so many members attending her funeral and learning so many stories about Rose that were not known to many members.**
- **Until next time...See you all at the flower sale.**

# "Just Add Water"

Articles and Photos by Soni Forsman

## Waterlily Hospitals Open

My field hospitals for hardy waterlilies are open. They were closed last year - no patients. This year I admitted eight different varieties, the most ever.

The hospitals are shallow containers of water sitting in sunny locations. Patients are hardy waterlilies that showed no foliage growth in the spring but the tubers visible at or near the top of the pots were firm to the touch despite looking dead. About three inches of water covers the top of the plants. At this depth the water warms quickly as the tubers bask in the spring sun.

Once the waterlilies are in the hospitals all that is required of me is patience, lots of it. It takes a minimum of two weeks and up to six to see tiny new growth. And, even more time before that growth is large enough to divide out and replant in a clean container with fresh soil.

This year's patients are *Nymphaea* 'Joey Tomocik,' *N.* 'Barbara Dobbins,' *N.* 'Charlene Strawn,' *N.* 'Wanvisa,' *N.* 'Mangala Ubol,' *N.* 'Colorado,' *N.* 'Clyde Ikens,' and one called unknown yellow. The later hitchhiked here with other plants many years ago. As I write this in late May, all of the varieties are showing small growth. I will have flowers by mid-to-late-July.

Over the years, I've observed that the waterlilies I put in the hospitals are yellow, orange or peach colored ones. White, red and pink hardies have never been patients plus a few yellows haven't either.

Why is it only those in shades of yellow? I'm not sure but family must play a role. All yellow, peach and orange hardy waterlilies including those that exhibit just a hint of yellow have the species *N. Mexicana* in their background. It is native to Mexico and now the southern United States. It is considered marginally hardy this far north. I've heard it referred to as a tropical hardy waterlily.

Another observation I've made over the years is that the varieties in treatment this year will not return the following year. With so many admissions in 2018, will the hospital(s) be closed next year?



*Nymphaea 'Mangala Ubol' (Last Summer)*



*Nymphaea 'Mangala Ubol' (In hospital)*

# "Brianna's Kitchen Garden"

## Crispy Tuna Salad

With the dramatic change from winter to summer, I've had to make the abrupt transition from soups and chili's to wraps and salads. This is one of my go-to recipes for warm-weather lunches. It comes together quickly, often with things I have in the house. And, right now, the chives are up, making it even easier to pull this together. Make a double batch and enjoy a nice cool lunch for the week. I'm sure it's great on bread but I like eating this as a tortilla wrap. Maybe I just feel fancier that way.

I personally use the broccoli slaw mix from the grocery store instead of cutting up a head of cabbage. You can also use pre-shredded coleslaw mixes. (For the record, I can get 4-5 cups of shredded cabbage from ½ of a head. That's a lot from even a small head of cabbage!) I also recommend adding some mustard – dijon or brown – to the mix for flavor.

### Ingredients

- 1 (5-ounce) can tuna, drained
- 2 cups finely chopped green or red cabbage
- 1/4 cup minced fresh chives
- 1 tablespoon mayonnaise
- 3 tablespoons plain Greek yogurt
- Salt & pepper to taste

### Instructions

1. Place the tuna in a medium bowl and shred with a fork.
2. Add the cabbage and mix thoroughly to combine.
3. Stir in the chives, mayonnaise, and yogurt.
4. Taste and season with salt and pepper as needed. 



Source: <https://www.thekitchn.com/recipe-crisp-tuna-cabbage-salad-healthy-lunch-recipes-from-the-kitchn-125558>

## Coming soon – Squash Vine Borers

If you grow zucchini, melons, pumpkins, squash, or even sunflowers, you should probably keep your eyes open for Squash Vine Borers. The first (several) years that I saw these neat-looking insects, I had no idea what they were. I hoped they were



fireflies. (They are not.) Weeks later, as we got into July, I was dismayed to see my squash vines wilting, their fruits turning a sickly yellow and soft. I had no idea the two were related until I started doing some research over the last year. (It was the loss of my MN Midget Cantaloupes last year that put me over the edge.)

Beginning in late June, squash vine borer adults emerge from the ground. Adult squash vine borers are red and black, and resemble loud wasps in flight. Soon after emerging, squash vine borers lay eggs at the base of susceptible plants – anything in the Cucurbitaceae family. One week after they are laid, the eggs hatch and the larvae bore into stems to feed. The larvae feed through the center of the stems, blocking the flow of water to the rest of the plant and causing it to wilt starting from the furthest end. They feed for four to six weeks, then exit the stems and burrow about into the soil to pupate until the following summer leaving a trail of plant destruction behind them.

But this year, I'm ready for them and now you are too! Because of the warm weather, I'm already on the look-out for the red and black adults. My goal is to check the base of my squash plants often for the next 6 weeks, watching for the tiny red, disc-shaped eggs on the stem near the ground. I may even hedge my bets and start a second crop of squash plants inside. One way or another, I want my squash and these bugs are not going to stop me!

For more information, visit:

<http://www.extension.umn.edu/garden/insects/find/squash-vine-borers/>

# Plant "Imagination"

## Wild Senna

**Botanical Name: Senna hebecarpa**

Wild Senna is a versatile plant that we think deserves more recognition as a great choice for garden or restoration projects. It's lovely, bright yellow flowers bloom July-August, attracting many bees and butterflies. Autumn brings beautiful leaf colors and the

formation of long black pods with seeds favored by larger birds like wild turkeys. A horizontal root system provides strength against winds, allowing the plant's stately (4-6') beauty to be appreciated even after the storm. Some gardeners use this sun-loving plant to form a hedge.



It is virtually indistinguishable from its relative, [Maryland Senna](#) ([Senna marilandica](#)) until the two species have ripe seeds. The Wild Senna will readily open its pod and the seeds will fall out, whereas the Maryland Senna seed pods will stay tightly closed. Other than this, it is very hard to tell the two species apart.

# *Taste That!*



## *Fruit Salsa and Cinnamon Chips*

**This delicious salsa made with fresh kiwis, apples and berries is a sweet, succulent treat when served on homemade cinnamon tortilla chips. Enjoy it as a summer appetizer or an easy dessert. Try it with Brianna's Crispy Tuna Salad?**

## **Ingredients:**

<b>2 kiwis, peeled and diced</b>	<b>1 tablespoon brown sugar -skip</b>
<b>2 Fuji apples - peeled, cored and diced</b>	<b>3 tablespoons fruit preserves, any flavor</b>
<b>8 ounces raspberries(blueberries)</b>	
<b>1 pound strawberries</b>	<b>10 (10 inch) flour tortillas</b>
<b>2 tablespoons white sugar</b>	<b>butter flavored cooking spray</b>
	<b>2 tablespoons cinnamon sugar</b>

## **Directions:**

- 1 . In a large bowl, thoroughly mix kiwis, Golden Delicious apples, raspberries, strawberries, white sugar, brown sugar and fruit preserves. Cover and chill in the refrigerator at least 15 minutes.**
- 2 Preheat oven to 350 degrees F (175 degrees C).**
- 3 Coat one side of each flour tortilla with butter flavored cooking spray. Cut into wedges and arrange in a single layer on a large baking sheet. Sprinkle wedges with desired amount of cinnamon sugar. Spray again with cooking spray.**
- 4 Bake in the preheated oven 8 to 10 minutes. Repeat with any remaining tortilla wedges. Allow to cool approximately 15 minutes. Serve with chilled fruit mixture.**

## 2018 Officers

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## About LOGC

Monthly Lectures/Meetings (September-May)

Where: Presbyterian Church of the Way  
3382 Lexington Ave North,  
Shoreview MN 55126

### Website

<http://www.lakeowassogc.weebly.com>

There you can link to crosspollination for more clubs and calendar of events.

### Facebook

<https://www.facebook.com/Lake-Owasso-Garden-Club-174124202623663/>

### Membership

\$25<sup>00</sup> per year

### Newsletter Submissions

Deadline is by the 25th of each month.  
The newsletter is released on the first of the month.

We welcome pictures (*provide a title and description, including Latin names of plants*), news items, and commentary. Send content via email to [raflipp@gmail.com](mailto:raflipp@gmail.com)



**What's going on in the Minnesota gardening world?**

Go to: <http://www.crosspollination.weebly.com>

***Once There:** You will find a calendar of events and links to many garden clubs and their Websites, Facebook, Twitter etc.*