

Lake Owasso Garden Club

July eNewsletter



Next Meeting:

July Summer Tours

We'll return to the Roseville (Muriel Sahlin) Arboretum this month to see the results of the LOGC "Herbal Kaleidoscope" garden bed designed by Debra, Patty and Beth. After, we'll travel up the road to see a Nordic-inspired woodland garden, at the home of Irene's friends, Mimi and Dan. Hope everyone is ready to be inspired!

Date: Monday 7/09/18

Location #1: 6:30-7:15pm

Muriel Sahlin Arboretum (2525 Dale St N, Roseville, MN 55113)

Location #2: 7:30pm-8:15pm

Mimi Wong's Nordic Woodland (3117 West Owasso Blvd, Roseville, MN 55113)

JULY in **Minnesota**

Average High: 83°
Average Low: 64°

Average Rainfall: 4.06 in
Average Snowfall: 0

July 1, 2018
Sunrise 5:29am DST
Sunset 9:02pm DST
Total Daylight: 15:33 hours

July 31, 2018
Sunrise 5:56am DST
Sunset 8:40pm DST
Total Daylight: 14:43 hour

Presidents Message

It has officially been summer for just a few days. Two weeks after the April's blizzard, the temperature hit 83 degrees and has not looked back.

Abundant rain has been the saving grace for our landscape. Summer came early and ran away with spring.

Four lined beetles have especially been a plague so far. Controls just result in them moving on to another plant species.

But it is summer, the gardener's time of year.
Time to enjoy the best it has to offer, July.

Ron Kvass, July 2018

Treasurer's Report

Checkbook Balance, June 1	\$14,749.54
Income:	
Final Plant Sales	\$597.00
Memorial from Rose Diestler Funeral	
To club	\$75.00
Expense: Bank Fee	- \$3.00
Checkbook balance June 31, 2018	\$15,418.54

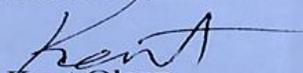
Lorene Roste

Lake Owasso Garden Club
c/o President Ron Kvaas
3496 N. Milton St.
Shoreview, MN 55126

Dear Mr. Kvaas,

Please accept this check for \$75 in memory of Rose Diestler given to Prince of Peace at her memorial service. The memorials were given as cash, and her friends decided that she would enjoy having it given to her Garden Club.

Sincerely,


Kent Olson
3468 Nancy Place
Shoreview, MN 55126

Plant Sale Report

I really appreciate your help with a very successful Plant Sale.

We always pull together and do a fabulous job.

For 2019:

- could have a larger inventory
- could sell more of the 4-pack annuals
- could have the little garage sale again
- try to have more of the member plants on tables.



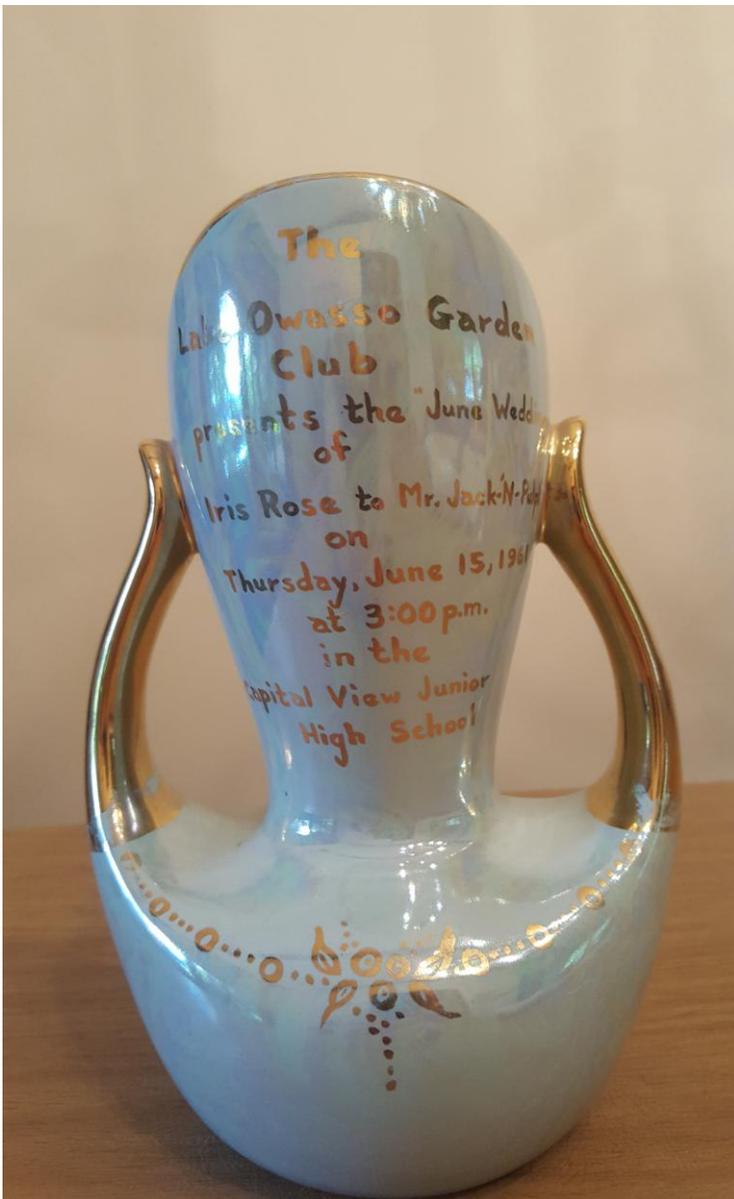
Let me know any thoughts you have

Thanks again,
Ron

Flower Shows Past and Present

The Lake Owasso Garden Club was organized in 1946. Learning about growing gardens and showing the fruit of their labor at a Flower Show has long been a part of the club activities.

Recently I received a vase from the 1961 LOGC Flower Show from Richard Klaus. His wife Shirley Klaus was a charter member of LOGC and served as its club president and also was President of the Federated Garden Clubs of Minnesota. I worked with her on the state level promoting first efforts in caring for our environment. She promoted the art of flower arranging and was chair of a number of flower shows. Growing hostas and dahlias was her specialty. Shirley died from cancer a number of years ago. LOGC gave a sum of money to her memorial fund which purchased the gazebo at the Roseville Park Arboretum. Following the gazebo installation, our club purchased and planted the first shrub collection at the Arboretum when we applied for a matching grant from Shell Oil Company.



The vase is inscribed as follows:

“The Lake Owasso Garden Club presents the “June Wedding of Iris Rose to Mr. Jack N. Pulpit” on Thursday June 15, 1961 at 3:00 p.m. in the Capitol View Junior High School. Our congratulations from the Council of East Area Garden Clubs, St. Paul, Minn.”

The vase will be on display at our upcoming July 14 – 15, 2018 Flower Show at the Hamline Branch Ramsey County Library and then placed with our archives.

Let’s carry on the tradition of participating in and the learning from our LOGC Flower Show! Plan to enter a floral design, horticulture specimen or photo in our “Through the Garden Gate” Flower Show.

Beth Oelke

Flower Show Chair

"Just Add Water"

Articles and Photos by Soni Forsman

Temperature Risin'

Some hardy reds 'fry' as temps climb

Some of my red hardy waterlilies 'sunburn' in the heat of summer. The edges of the petals blacken causing the bloom(s) to collapse. Burning happens when daytime temperatures soar into the 90s and /if they receive all afternoon sun.

Greg Speicher writes in his book, *Encyclopedia of WATER GARDEN PLANTS*, that the red petals 'absorb too much sunlight, causing the petals to overheat and dissolve.'

The good news is that the scorching does not affect the overall health of the plant. It continues to grow, producing new buds/flowers and pads. When the air temperature drops to near 90 or below, the appearance of the opening flowers returns to normal. Recommended sunscreen for hardy red cultivars is a water garden that receives minimal afternoon sun.

Two of my red hardies are particularly sensitive to high ambient temperatures and sunny afternoons. They are *Nymphaea* 'Attraction' and *N.* 'Black Princess. Both are good waterlilies but infamous for sun burning. They have not shown signs of sunburn yet this year. Either they were not in flower during the two heat waves or the afternoons had a light cloud cover.

N. 'Attraction' has reddish-pink classic-shaped blooms with nearly white sepals. It is very hardy, tolerates part sun and is one of the first hardy varieties to bloom in the spring. *N.* 'Black Princess' has black-red peony-shaped flowers and begins blooming in June. Its deep red color makes it a standout in the water garden.

Despite the occasional sunburn, I still recommend these waterlilies. All their good qualities far outweigh the few blooms that fizzle in the intense afternoon sun. And, these waterlilies do not fry in all water gardens even in unseasonable high temperatures. Every water garden is different from the hours of sun it receives, time of day it receives that sun and even how the water garden is positioned in the landscape.

I have one red hybrid, *N.* 'Reflected Flame,' that thrives in full sun. It has never shown any evidence of burning in more than 10 years. That was highlighted in its original description. The name reflects its intense vibrant red color. It is a small-to-medium waterlily with a pad spread of three-plus feet and blooms that measure three-plus inches in diameter. It is a hybrid from the late Dr. Kirk Strawn. (1998).



N. 'Black Princess' - a collapsed bloom with another beginning to show the effects of high ambient temperatures and afternoon sun.



Healthy - N. 'Black Princess'



N. 'Attraction' - to much sun combined with 90-plus degree temperatures causes the edges of the petals to blacken.



Healthy - N. 'Attraction'

"Brianna's Kitchen Garden"

Pineapple, Honeydew, and Mango with Ginger & Fresh Herbs

Serves 4

Last summer, I was asked to teach a class about using herbs in the kitchen. It was a lot of fun and we toured a nearby garden, breaking off bits of leaf and stem to smell and taste. I wish I had such a variety of herbs! The cinnamon hint from the Thai basil, the citrus burst from the lemon thyme ... If only I had more space!

At the end of the class, we had a show and taste. I showed them how to muddle together herbs and fruit in a glass with sparkling water. (Pineapple + Mint was the favorite.) We had pesto samples using both basil and parsley. But my favorite was this herbed fruit salad. It's an unusual combination but it was refreshing and sweet. If you're looking for something new for your Fourth of July picnic, give it a try.

Ingredients

- 2 cups fresh pineapple, peeled & diced
- 1 cup honeydew melon, peeled & diced
- 1 cup mango, peeled & diced
- 2 tablespoons fresh basil, thinly sliced
- 2 tablespoons fresh lime juice
- 2 tablespoons honey
- 1 tablespoon fresh cilantro or mint, thinly sliced
- 1 tablespoon crystallized ginger, minced
- 1 tablespoon red bell pepper, minced
- 1 tablespoon sesame seeds

Instructions

Mix all ingredients except sesame seeds in large bowl.

Let stand 10 minutes for flavors to blend.

Divide fruit mixture among bowls and sprinkle individual servings with sesame seeds.



Source: <https://www.epicurious.com/recipes/food/views/pineapple-honeydew-and-mango-with-ginger-and-fresh-herbs-241869>

The Japanese Beetles Have Arrived



In the garden, you can tell the seasons by the insects that show up. Cabbageworm moths flit about in May. Junebugs appear at the start of their namesake month. Squash Vine Borers, with their red carapaces make an appearance right in time for the Fourth. July and August, it feels, belongs to the Japanese Beetle. As of June 25, entomologist Jeff Hahn of the University of Minnesota declared the start of the JB season.

Much can be said about the Japanese Beetle, many of them unkind, most of them earned. The beetle makes lacy mincemeat of the leaves of dozens of plants. In the vegetable garden, they love grapes, apples, cherries and plums, and raspberry leaves but aren't above sampling the leaves of other edibles. I find them on my beans and peas. They don't seem to bother my cole plants (Brussels sprouts, broccoli, and kale) or my root vegetables (parsnips and carrots) though they've made a few passes at my beet tops.

When they show up in your garden – and they will – you will need a plan to manage them. They are great fliers and will travel from afar to eat anything they can. So what can you do? Here are a few suggestions.

1. Avoid crushing them; they release an odor when crushed that attracts more beetles.
2. Skip the traps; much like crushing the insect, the traps are very good at drawing more beetles to your yard.
3. When you see them on your plants, knock them into a bucket with soapy water. This works best in the mornings and evenings when the beetles are more sluggish.
4. You can use a foliar spray to leaves of targeted plants that will poison the beetles as they eat.
5. You can also try to reduce the population by applying a grub-focused insecticide to your lawn and killing the 2019. (The best time to do so is late-July through September when the grubs are very small.) 

NOTE: If you decide to use an insecticide, understand that insecticides don't discriminate which insects will be harms and there are many kinds of insects that live in the soil and eat leaves, some harmful and some beneficial as we learned in the May presentations about the effects of insecticides on native pollinators. Also remember that Japanese Beetles are good fliers and, even if you control the pests in your yard with insecticides, there is nothing stopping them from coming from your neighbor's yard.

In the vegetable garden, I protect my apple trees by knocking the Japanese Beetles into an old yogurt container with some water and a few drops of dish soap. This is the only edible that I protect because defoliation will affect whether I get fruit from my late-season apple trees. However, my beans and peas will produce will finish producing vegetables by mid-August and the loss of some leaves doesn't seem to affect the harvest. If your edibles will also finish producing fruit in August, consider using manual control methods or accepting that some leaves will be eaten.

Sources: <http://blog-yard-garden-news.extension.umn.edu/2018/05/dont-treat-japanese-beetle-grubs-in.html#more>
<https://www.extension.umn.edu/garden/insects/find/japanese-beetles/>
<http://www.extension.umn.edu/garden/yard-garden/fruit/integrated-pest-management-for-home-raspberry-growers/japanese-beetles/>

Plant "Imagination"



Ranunculus repens 'Buttered Popcorn'

Easily grown in average, medium to wet soils in full sun to part shade. Tolerates full shade. Prefers moist organically rich soils in part shade. Tends to spread more rapidly in moist, shady conditions.

'Buttered Popcorn' has best color in sun to part shade (leaf color more golden in sun and more green in shade). *Ranunculus repens*, commonly known as creeping buttercup is a perennial that typically rises to 8-12" (mine is only a few inches) tall, but spreads to 36" wide or more by prostrate stems that root in the ground at the nodes. It will form a dense ground cover in moist areas. Foliage and flowers are ornamentally attractive. Compound, shiny, dark green leaves are tri-foliolate with toothed, stiff-bristled, obovate to elliptic leaflets (to 3" long). Five-petaled bright yellow flowers (each to 1" wide) bloom from mid-spring to late summer. 'Buttered Popcorn' is a dense, creeping ground cover and features attractive, chartreuse and gold, deeply cut, serrated, snowflake-like leaves on creeping stems which root as they go at the nodes. Bright yellow flowers appear above the foliage in spring. Mine have some of the light green and some of the dark green and spreads low and flat.

Taste That!



Grilled Spareribs with Cherry Cola Glaze

Grilled Spareribs with Cherry Cola Glaze

Prep Time - 15 Minutes

Cook Time - 2 hrs 10 mins

Total Time - 2 hrs 25 mins

Bake Spareribs in the oven until tender and then finish on the grill with a sweet and spicy cherry cola glaze.

Servings: 6

INGREDIENTS:

4 (12-ounce) cans cherry cola, flat

2 cups cherry jam or preserves

2/3 cup Dijon mustard

1 tablespoon prepared horseradish

3 tablespoons soy sauce

2 tablespoons apple cider vinegar

2 teaspoons [tabasco sauce](#)

7 to 7 1/2 pounds well-trimmed pork spareribs

INSTRUCTIONS:

Place cola in a Dutch oven or large saucepan and boil over medium-high heat until reduced to 1 1/2 cups, about 45 minutes.

Add next 6 ingredients and stir well. Reduce heat to medium and simmer until reduced to 2 1/2 cups, stirring occasionally. This will take about 35 minutes. Remove from heat.

Place oven racks in top and bottom thirds of oven and heat oven to 325 degrees.

Season ribs with salt and pepper. Wrap each rack tightly in foil. Divide ribs between 2 baking sheets and place in oven for 2 hours. Let ribs cool slightly.

Heat grill to medium heat.

Cut racks of ribs into individual ribs. Toss with 1 cup of glaze.

Grill ribs, basting with extra glaze, for about 2 to 3 minutes per side.

Serve with extra glaze.

Recipe Note: Use flat soda or pour it into a bowl and let it sit on the counter for 4 hours.

2018 Officers

President

Ron Kvaas
rgkvaas@msn.com
651-734-8480

Vice President

Brianna Gohde
brianna.gohde@gmail.com
651-216-5115

Secretary

Dorothy Stewart
dot.stewart@comcast.net
612-240-2015

Treasurer

Lorene Roste
jlroste885@gmail.com
651-647-9597

Editor

Dick Flipp
raflipp@gmail.com
651-484-4123

About LOGC

Monthly Lectures/Meetings (September-May)

Where: Presbyterian Church of the Way
3382 Lexington Ave North,
Shoreview MN 55126

Website

<http://www.lakeowassogc.weebly.com>

There you can link to crosspollination for more clubs and calendar of events.

Facebook

<https://www.facebook.com/Lake-Owasso-Garden-Club-174124202623663/>

Membership

\$25⁰⁰ per year per family

Newsletter Submissions

Deadline is by the 25th of each month.
The newsletter is released on the first of the month.

We welcome pictures (*provide a title and description, including Latin names of plants*), news items, and commentary. Send content via email to raflipp@gmail.com



What's going on in the Minnesota gardening world?

Go to: <http://www.crosspollination.weebly.com>

***Once There:** You will find a calendar of events and links to many garden clubs and their Websites, Facebook, Twitter etc.*