



Lake Owasso Garden Club

JULY



LOGC at the VA

TOUR TIME - 'Roseville Arboretum' and 'Flipp Gardens'

Date: Monday July 10, 2017

For the July summer tour, we'll be going to the Roseville Arboretum to see the LOGC flower bed and admire the handiwork of Joyce, Char, and Mary. (I'm pretty sure the theme was "Deer Resistant.")

**6:00 PM - Meet at Muriel Sahlin Arboretum:
2525 North Dale St., Roseville, MN, 55113**

Afterward we'll visit "Flipp Gardens" to tour their yard and enjoy their hospitality.

**The home of Dick and Anne Flipp
431 Brooks Ave. E.
Little Canada, Minnesota**

If you cannot make it you can do a slide-show tour at www.flippgardens.weebly.com

Presidents Message

*LOGC's participation in the Rose Parade tonight went very well.
Vatsala, Wendy and the rest of the committee did admirably with all the necessary preparations.
The parade is a tradition we should continue as it puts out another good message for us.*

*Special thanks to Bev, Dick, Joyce, Noreen, Vatsala and Wendy for having fun with the crowd.
Noreen was in her element.*

See you all at the Roseville Arboretum, then Anne and Dick's for our next outing on July 10.

*Just like that summer will seem half over. Always feels like things have just gotten started.
But the past two years September and October have been summer extensions.
Killing frosts have been later so hope for another long growing season.*

Treasurer's report

Balance of \$13,470 on May 22, 2017

"Just Add Water"

Articles and Photos by Soni Forsman

Protecting inhabitants of the water garden

**Great Blue Heron stalking your pond fish? Deer eating your waterlilies? Both happening here!!!
What to do, what to do?**

Over the years, I've tried many deterrents including the water scarecrow and bird netting. All worked but with drawbacks - scarecrow did not cover the entire area and the water gardener would forget to turn the water off before triggering it and the netting is just inconvenient.

Probably our most bizarre defense against these unwanted guests was installing tall posts around the water garden and wrapping with deer/bird netting. Deer couldn't eat, the heron couldn't fish and I could not get in. I wasn't able to prune and groom the waterlilies and other plants without removing the netting. It was an idea hatched out of desperation.

The last years I've calmed down, some. I've simplified the deterrents, using mostly items found in the garage or garden shed. They are easy to install, uninstall but are not necessarily 'good looking.' I've moved past appearance. I'm just trying to save lives and keep the aquatic plants looking presentable.

Great Blue Heron

While the heron generally walks around the water garden looking for a goldfish snack, it began landing on the waterlily pots to get even closer several years ago. It was then that I started sticking plant stakes into the waterlily pots, spacing about three feet apart. That seemed a reasonable distance – not too many but still close enough to keep the heron from landing in between. Now, I don't wait to see a heron before I begin 'staking.' As I return the waterlilies to the clean water garden in the spring, I add a stake to every third pot. In a few weeks, the stakes become less noticeable as the waterlilies begin to bloom.

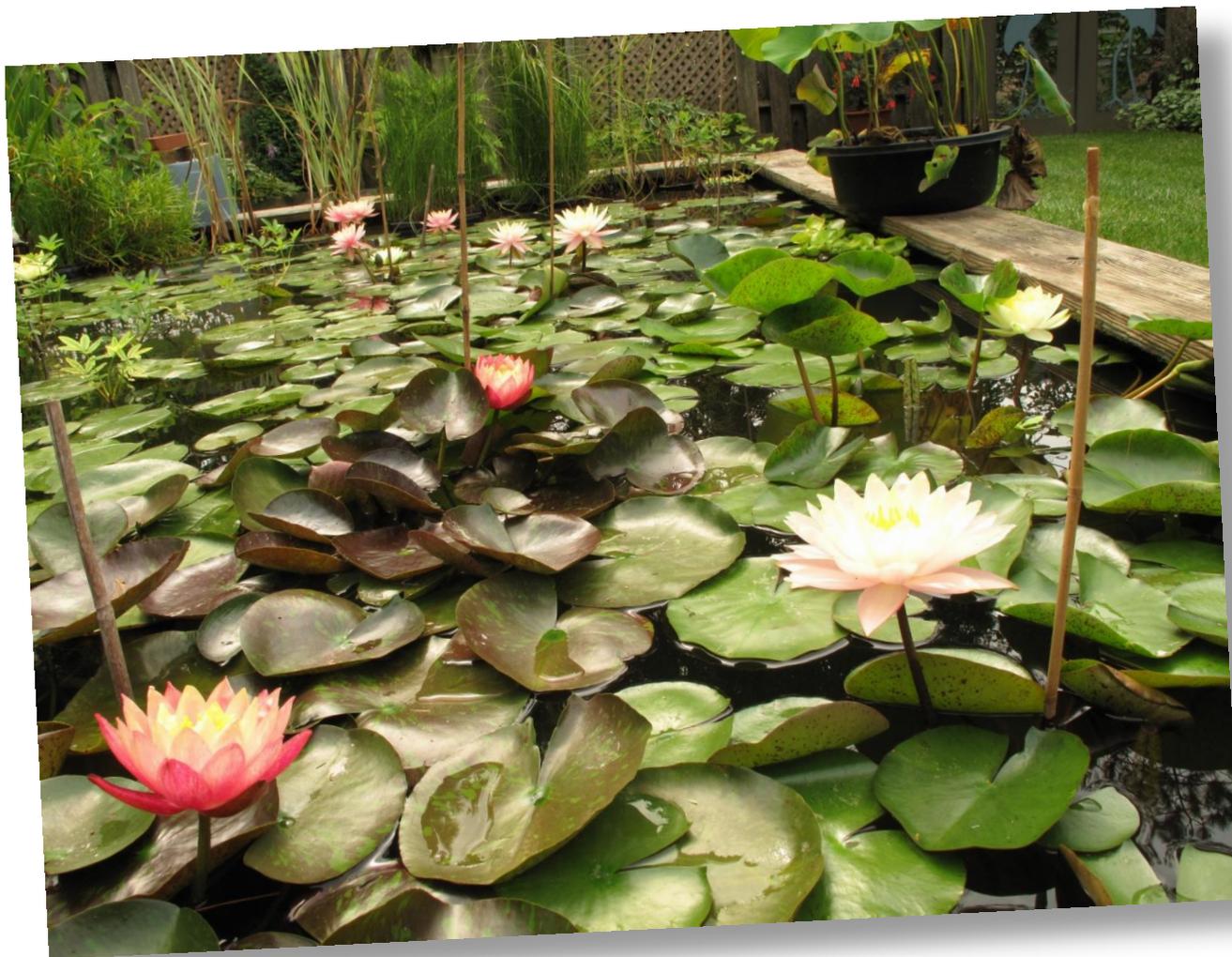
In addition to the stakes, I put plastic milk crates in the water garden. I weigh them down with a pot of aquatic plants or a rock. They can be used singularly or I build a safe house in the spring when the water garden is empty. This works for goldfish. A larger purchased fish tunnel is more appropriate for large Koi.



Water garden wrapped in deer/bird netting.

Deer

Years ago, a little black-and-white analog television was our answer to keeping deer away. We put it near a window in an outbuilding. Attached to a timer, it came on at 10 p.m. and went off at 6 a.m. Until our little low-tech TV became obsolete, we had no deer problems.



Plant stakes keep the heron away

Still yearning for those years – as the deer return in 2017. About 10 days ago, I discovered not only petioles without pads sticking out of the water but some containers lying on their sides. Deer had visited overnight. I can't spray Liquid Fence or other products due to the fish. Right now I have yellow 'caution' tape wrapped around the water garden. It is a crime scene

I pounded plant stakes around the water garden out a foot from the edge. The tape is about three feet off the ground and attached to the stakes with 2-inch clips. My thinking is that the deer will have to touch the tape to reach the waterlilies and will be discouraged. My husband Dave suggested that monofilament line would be less visible. His idea, appearance-wise, is much better. I haven't done that, yet, as it is so easy to unclip the yellow tape when I need to get into the water garden.



Fish Safe House - two plastic milk crates topped with a 2'x4' heavy plastic grate. For weight, two to four inexpensive 6''x16'' concrete patio blocks. Roof decoration is a piece of driftwood secured with rocks. Later, I added a water plant on each patio block.



Water garden - June 2017

Will our wildlife move on to where the eating is easier? I can only hope

"Brianna's Kitchen Garden"



In the Garden: 2-Ingredient Sherbet

Serves 8

During the colder months, I don't make many desserts but as soon as it gets warm I start making frozen treats. This has become a favorite for last-minute desserts. All you need is a can of sweetened condensed milk, some frozen fruit, and a blender. (Though, a food processor works better if you have one of those.) I've used this basic recipe with frozen strawberries, frozen cherries, frozen mangos, and even frozen cranberries. I don't recommend the latter but everything else I've tried has been fabulous. It's best the day you mix it up since it freezes solid overnight. To thaw, pull it out of the freezer and let sit 15-20 minutes before digging in.

Ingredients

- 1 can sweetened condensed milk
- 16-20 oz frozen fruit
- *Optional* – *Spices* (ex. cinnamon, vanilla, cloves, etc)

Instructions

- Combine frozen fruit and sweetened condensed milk in a large blender or food processor and pulse together.
Pro-Tip: If your fruit is already really sweet, like peaches, you might not need the whole can of sweetened condensed milk. Start with half and add more until it reaches the sweetness you like.
- *Optional* Add spices and blend until smooth.
- Serve immediately, OR
- Transfer to an airtight container and freeze for 2+ hours, or until sherbet has set.

Source: <http://12tomatoes.com/easy-peach-sherbet/>

Image: KitchenGarden 07-2017 Sherbet.jpg

In the Garden: Bee Baths

We've all heard about the benefits of making space in the garden for bees and butterflies. We've looked through plant catalogs and nurseries to find Pollinator-Friendly varieties. We've talked about building bee houses and raising mason bees. These are all great things for protecting both visiting and native pollinators but I think we can take it one step further. Have you heard about bee baths?

Bees need water, just like all of our other visiting critters and you can help them out by setting out a bee bath between your plants. A bee bath is just like a bird bath but scaled down. You need a shallow bowl with some stones and a little bit of water. The bees perch on the exposed parts of the rocks and lean forward to sip the water. Because it is shallow, it tends to dry out quickly. You might need to top it off every day when it gets really hot in late July and August so place the bee bath where you can see it.

That's it! One more simple way to help the bees and butterflies already visiting your garden space. Just keep an eye on the bee bath during the hot months of summer.

A quick joke for you: What's a bee's favorite flower?

Bee-gonias!

Source: <https://experiencelife.com/article/how-to-make-a-bee-bath/>

Image: KitchenGarden 07-2017 BeeBath.jpg



Plant "Imagination"



Aralia cordata 'Sun King'

A lovely larger counterpart to traditional shade plants like Hosta, this Golden Japanese Spikenard thrills with bright red stems and gold compound leaves. These colors hold true all season, only "greening out" if the shade is too deep. Later in the season small white flowers grow in racemes, attracting pollinators, and then setting dark berries. Perfect for the back of any partly shaded border!

Aralias generally self-sow, growing seedlings wherever berries fall. This makes them easy to naturalize and cover large areas, filling out shady woodland areas beautifully over time. Promptly weed out any seedlings you do not want, and space the remaining ones about 5 feet apart to give them plenty of room to grow. 'Sun King' grows vigorously, swiftly reaching its mature size of 3 to 6 feet High and Wide.

An invaluable herbaceous perennial for shady spots, 'Sun King' boasts statuesque foliage, with huge tripinnately compound leaves, each leaflet held out in crisp contrast. In midsummer the white blooms go off like fireworks, creating a spectacle that attracts plenty of pollinators like honeybees. This is followed by masses of beautiful purple berries that birds (especially thrushes) love to snack on!

Plant 'Sun King' in part shade and moist, well-drained soil. It is sure to become a fixture of your shady or wooded garden! 1 Quart Container. Zones 3 to 9.

Taste That!

Rhubarb **Lemonade** *Punch*

3 cups rhubarb
3 cups water
3/4 cup sugar
6 oz. frozen pink lemonade

Put in pan and cook about 10 to 20 minutes until rhubarb is soft.
Strain rhubarb from juice. Chill juice in freezer
When ready to drink pour in glass with ginger-ale or 7-up

(this can be frozen in plastic milk jugs) - Recipe x 4 = Milk Jug and a half

It is very good - slushy, people that drink add - vodka or whatever

I used less sugar. The first batch I made I used more rhubarb and I thought it was better.

Anne



We had fun at the Roseville Parade and gave out a lot of candy to appreciative children





I must say that this was the most fun parade. We had a fun band in front of us, Patsy reloaded our candy supplies from the back of the float, Dick twirled Vatsala to swing music, and Norene and I watered children so they could grow like our flowers do.

Thanks to Vatsala for leading us and serving a glass of wine afterwards. (That spontaneous surprise was a nice after party.) Vatsala and Ron found beautiful giant pink petunia pots that made the float pop! We received complements from the crowd. I have never seen pots so huge yet light weight. Bieswinger is so good to us.

The planning and decorating committee: Vatsala as chair, Ron, Bev and me. Parade participants also included Norene, Dick, Beth, Patsy, and Joyce. Thanks to our photographer, Marty, for capturing the parade fun, Wendy Lucas



<http://www.crosspollination.weebly.com> Once there, There you will find a link to:

The *Lake Owasso Garden Club* website: <http://www.lakeowassogc.weebly.com>

On our LOGC website you can link to our **Facebook** site

Or, you can start out at the LOGC website and go to crosspollination! It's so easy.

Our Google Doc

https://docs.google.com/spreadsheet/ccc?key=0AvDTcsB_CgstdE81dUVQNEFrblNUSDBWd250QlpGYWc

OUR MEETINGS ARE HELD AT,

Presbyterian Church of the Way
3382 Lexington Ave North,
Shoreview MN 55126

Family Membership is \$25.00 Per Year

Newsletter submissions

We welcome pictures (please title, include latin names of plants), news items, and commentary, preferably via email to raflipp@comcast.net **Deadline** is by the **25th of each month.** I will try to get the newsletter out on the first of the month.

Also, remember our club's [Facebook](#) page. It is a great place to post pictures and share what's in bloom.

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