

Lake Owasso Garden Club

February eNewsletter

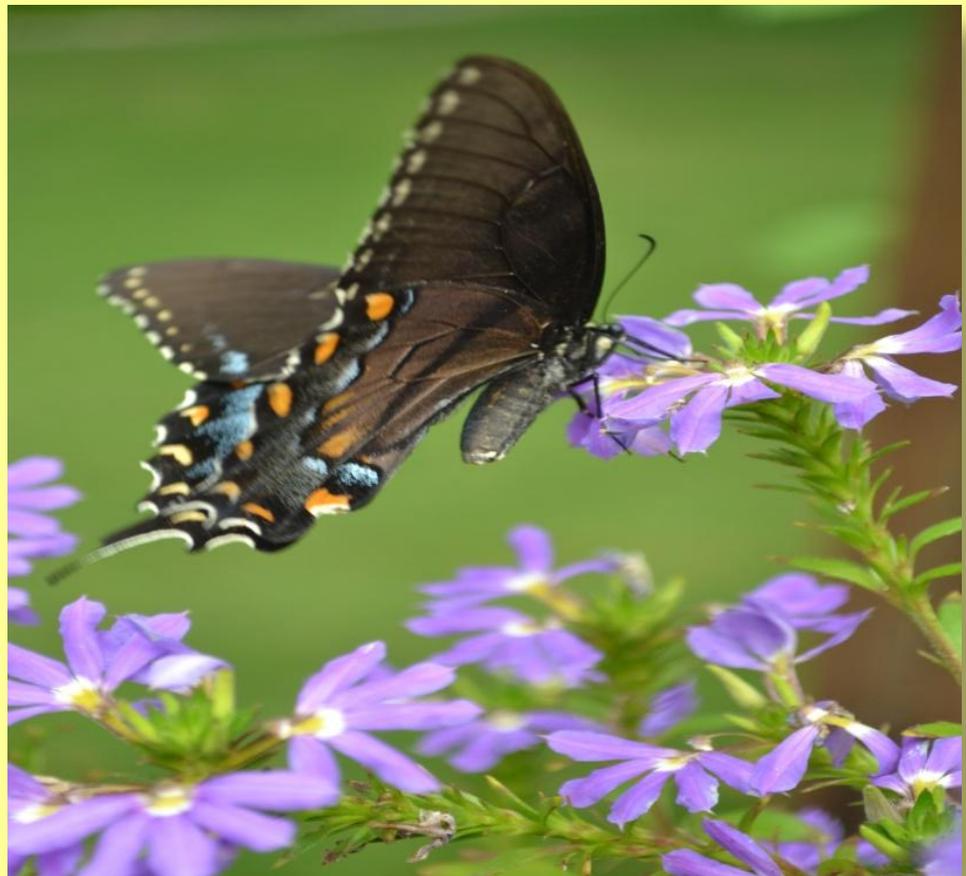


Next Meeting:

February 11, 2019

NEW Location:

**Presbyterian
Church of the Way
3382 Lexington Ave N
Shoreview MN 55126**



6:30 – Social, Snacks Provided

7:00 – Speaker: Soni Forsman – See Below

”More than one way to bring water into the landscape”

Soni Forsman, Presenter

Presentation illustrates ways to have the magic of water in the landscape – big and small ideas. You will see in-ground ponds with waterfalls, waterfalls without ponds, disappearing fountains and container water gardens. Water reflects the surrounding landscape, soothes the soul and comes alive with wildlife attracted to the sights and sounds of water. Come experience what water can bring to your outdoor environment

My adventure into water gardening began in 1979 when I purchased a water lily and created my first container water garden. That simple beginning became more container water gardens and in-ground ponds. I’m presently growing more than 25 varieties of water lilies plus some plants for the margins of the water garden.

I began speaking and writing about water gardening in the mid-1990s. My articles have appeared in the Northern Gardener, Minnesota State Horticultural Society magazine, and I contribute to the Waterlog, Minnesota Water Garden Society newsletter.

I have given classes for the Minnesota State Horticultural Society, University of Minnesota Landscape Arboretum and to local and regional garden clubs. In 2005, I consulted at the Marjorie McNeely Conservatory to return the Victoria water lily to Como Park after an absence of 100 years.

I have appeared on several television stations in the Twin Cities promoting the joy of water gardening and on HGTV’s Rebecca’s Garden. Our water gardens have been featured in Midwest Living and Mpls/St. Paul magazines and local newspapers.

I’m a member of the International Waterlily and Water Gardening Society, Minnesota Water Garden Society, Minnesota Hosta Society and Eagan Garden Club.

Presidents Message

When I wished everyone “sunnier days ahead” last month, I forgot that –here in Minnesota, in the winter– sunny days means much colder temperatures. I’m sure many folks have found ways to keep warm as we face the coldest days of the year. But I look outside and the extra cold days make me worry.

We didn’t get the snow pack that normally falls in December and I can see the grass of my yard in many places. That could spell trouble later this year. The snow that we normally get, despite being ice, actually insulates the ground during the winter and prevents the soil from getting much colder than 32°F. Without that blanket of snow, the ground is getting the full brunt of the chill temperatures. That means the bulbs, rhizomes, and roots that are near the surface can be affected and, if it gets cold enough for long enough, can lead to damage or die back.

So I take back my well-wishes from January. Instead I wish for you temperate and cloudy days, or a thick blanket of protective snow. It may not be a lot of fun for us but our garden residents will appreciate it later.

Brianna Gohde, February 2019

FEBRUARY in Minnesota

Average High: 29°F

Average Low: 13°F

Average Rainfall: 0.79 in.

Average Snowfall: 8 in.

February 1, 2019

Sunrise 7:32 am

Sunset 5:20 pm

Day length 9:47.45 hours

February 28, 2019

Sunrise 6:52 am

Sunset 5:58 pm

Day length 11:05.57 hours

Treasurer's Report

Lake Owasso Garden Club Monthly Financial Report

Balance on: 1/01/19 \$15,144.08*

Income:

Membership dues 50.00

Expenses:

January Speaker 100.00

Yearbook printing 345.75

Donation to Como Park Conservatory 100.00

Donation to Roseville Arboretum for

Memorial Brick For Rose 200.00

Donation to Federated Garden Clubs MN 1,000.00

Bank fee 3.00

Balance On: 1/31/19 \$13,445.33

*Does not match ending balance from last newsletter because of adjustment for voided check

Lorene Roste

January 2019 Secretary Notes

Brianna, our new President, called the meeting to order and welcomed 2019 with all it has to bring LOGC.

A warm welcome to new members Roger and Cindy!!!

Also greetings to visitors Vickie and Emilie.

Words of Appreciation

- Thanks to Debra and Rebecca for the good treats tonight
- Appreciation for a job well done by the Holiday Party team - Theresa, Mary Fowler, Irene and Char.
- A big thank you to Lorene and Jim Roste for opening up their beautiful home for a memorable Christmas Party.
- The Tree Decoration Team of Joyce, Beth, Wendy, Kirsten, Lois, Evie and Vatsala did a fine job decorating the tree in Harriet Alexander Nature Center.
- Thank you to the new officers and Committee Chairs for their upcoming service to our club.

Committee Updates

- The new yearbooks were distributed. This was another excellent job done by Theresa and Kirsten.
- Rose Parade is coming up on June 24 at 6:15. Debra and Wendy are working on the details.
- Plant Sale on May 17-18, will have the plant selection meeting in February.
- Ron, Beth and Wendy are working on this year's entry in Art in Bloom which is April 10-14.
- Brianna, Joyce and Ron are working on our entry in the Federated Grant program. A diagram and information was passed around.

Upcoming Events

- Soni Forsman will speak on Adding Water Features to the Landscape at our next meeting, February 11.
- The Let's Get Growing event sponsored by UMN Dakota County Master Gardeners in Rosemount is Saturday March 2 at 8 AM. Cost is \$40. See Ron.
- Minnesota State Horticultural Society's Spring Garden Gala is Thursday, April 4th, at the Lake Elmo Inn in Lake Elmo, Minnesota. Cost is \$55 and event is 11 to 2:30. See Ron.

Reminders

- The Hostesses for February will be Brianna, Char and Lois.
- The August tour on August 12 will be in Bonnie Blodgett's yard. Should be a memorable tour, based on photos tonight.

Brianna adjourned the meeting.

"Just Add Water"

Articles and Photos by Soni Forsman

Color of the year trends in the water garden

Living Coral is the color of the year (2019). Each fall the Pantone Color Institute announces the color that will be seen in everything from clothes to home and business designs in the new year. It bases this annual predication on its year-long analysis of worldwide trends and designs.

Living Coral is defined on the website www.pantone.com as 'An animating and life-affirming coral hue with a golden undertone that energizes and enlivens with a softer edge.' Beautiful words to entice me to incorporate some of this color in my life to feel peppy but calm. Wikipedia describes the color coral as 'reddish or pinkish shades of orange.' To have a little fun with this and take it into the water garden, I decided to look through photos of my waterlilies from past summers to see how many have flowers in shades of coral as described in the internet encyclopedia.

Hardy waterlily varieties include *Nymphaea* 'Wanvisa,' *N. Gregg's Beauty*, *N. 'Haunting Beauty*,' *N. 'Colorado'* and the third day flower of *N. 'Comanche*.' For the container water garden, the first day bloom of *N. 'Indiana'* and the third day flower of *N. 'Little Sue*.'

Over the years, I've probably written something about most of these selections except for *N. 'Gregg's Beauty*.' It was a new addition to our water garden last year. It is bicolor with the apricot/orange color of the sepals and outer petals qualifying it for inclusion in this article. The inner petals are a soft lemon color. It has dark bronze-colored pads with lighter mottling, the perfect background for the vivid flower colors. This waterlily was discovered growing in a pond at Perry's Water Gardens in North Carolina by Gregg Gibson, grandson of the late Dr. Perry D. Slocum. The natural hybrid was introduced in 1996.

Searching through the pictures confirmed what I observe each summer; flower colors vary from year-to-year. How vivid the color and the size of the bloom is always best the year it is divided and repotted. I use a good top soil containing some clay and dose the bottom third of the soil with fertilizer. A strict fertilizer regimen throughout the summer maintains the look.

These orangish waterlilies will mingle with others blooming in shades of red, pink, yellow and white this summer. Together, they will bring vitality and elegance to the water garden, making it a peaceful place.



Nymphaea 'Haunting Beauty'



Nymphaea 'Gregg's Beauty'
standing tall above its dark mottled pads



Nymphaea 'Indiana' - changeable.
First day flower to the left of reddish third day
flower.

"Brianna's Kitchen Garden"

Learn About Vegetable Growing

I like growing vegetables. It's a fun and rewarding challenge and every year I try something new. Sometimes I try a new vegetable. (Last year, I grew onions from seeds instead of starters.) Sometimes I try new methods. (Who knew that companion-planting sunflowers and Brussels sprouts would work so well?) Sometimes I learn the specifics of exactly how things work. (Wow, there are a LOT of different kinds of pesticides.) Gardening in this way is enjoyable for me and I really like to share what I learn.



As you may also know, I'm a Master Gardener in Ramsey County. As a member of that group, I volunteer at several events over the course of the year, from farmers' markets to school gardens. One of the things that I do is coordinate our group's adult education classes, which sometimes includes teaching residents how to grow vegetables. That's right! I get to combine two things I like doing to everyone's benefit. How cool is that?

Some members of our club have expressed interest in growing vegetables so I want to invite you to check out a couple of the vegetable gardening classes that the Master Gardeners are offering this spring. I'm not sure if I'll be the one teaching (I might be!) but I wrote the materials based on my experiences and research over the past 10 years. I'm happy to share what I've learned with everyone.

Introduction to Vegetable Gardening

Feb 23, 2019 to Mar 9, 2019 (Each Sat 10-11:30am)

https://apm.activecommunities.com/saintpaul/Activity_Search/53844

Apr 23, 2019 to May 7, 2019 (Each Tue 6:30-8pm)

https://apm.activecommunities.com/saintpaul/Activity_Search/53848

Advanced Vegetable Gardening

Mar 30, 2019 (Sat 10-11am)

https://apm.activecommunities.com/saintpaul/Activity_Search/53846

May 21, 2019 (Tue 6:30-7:30pm)

https://apm.activecommunities.com/saintpaul/Activity_Search/53849

Zuppa Toscana Soup

Serves 6

In January, there are many people torn by conflicting interests. After the holidays, people resolve to eat healthier. However, it's really cold outside and a warm bowl of soup really hits the spot. This recipe feels like a good compromise. It uses healthy ingredients like onions, potatoes, and kale but feels like comfort food with the Italian sausage and heavy cream.

(Note: You can substitute the heavy cream for milk; it'll just change how thick the final soup feels.) And, more than that, it's fantastically delicious!



Ingredients

- 1. 1 pound ground sweet Italian sausage**
- 2. 1 large sweet onion, diced**
- 3. 3 garlic cloves, minced**
- 4. 1/2 teaspoon crushed red pepper flakes (*optional*)**
- 5. 3 large baking potatoes, peeled and thinly sliced**
- 6. 24 ounces chicken broth**
- 7. 24 ounces water**
- 8. 2 cups kale, chopped**
- 9. 12 ounces heavy cream (or milk)**

Instructions

- 1. In a large Dutch oven or stock pot over medium heat, brown sausage until cooked through.**
- 2. Add onions, garlic and red pepper flakes and cook for an additional 4-5 minutes, stirring frequently. Drain excess fat and return pot to the stove.**
- 3. Add potatoes, chicken broth and water to the sausage mixture.**
- 4. Continue cooking over medium heat until the potatoes are cooked through.**
- 5. Add heavy cream and kale and continue cooking for an additional 10-15 minutes.**
- 6. Season with salt and pepper to taste. Serve.**

Source: <https://www.mybakingaddiction.com/zuppa-toscana-recipe/>

Plant "Imagination"

Scabiosa columbaria 'Butterfly Blue'



Common Name:
Pincushion Flower

This plant produces a profusion of lavender-blue, pincushion-like flowers over a very long period beginning in late spring. They sit atop wiry stems which hover over the short mound of ferny basal foliage. They make excellent cut flowers and also attract butterflies.

Height: 12.0-18.0 Inches

Hardiness Zones: 3 - 9

Sunlight: Full Sun (> 6 hrs. Direct Sun)

Soil Quality: Average to Fertile

Bloom Time: Late Spring to Late Summer

Spread: 15.0 Inches

Flower Color: Blue shades, Foliage: Green shades

Water Requirements: Low to Average Water Needs

Chemistry: Neutral to Alkaline Soil (pH 7.0 or greater)

Attracts Butterflies, Bee Friendly

Taste That!

Turkey and Peppers Hash

Serves 4 523 Calories

Feel free to add other vegetables. Chop the turkey as finely or coarsely as you like. Look for cooked, diced potatoes and chopped bell peppers.

2 Tbs olive oil

2 garlic cloves, minced

1 red onion, chopped

1 red and 1 yellow bell pepper, chopped

2 cup diced cooked potatoes

½ tsp herbes de Provence or other herb mix

½ tsp salt

¼ tsp red pepper flakes, optional

4 cups chopped, cooked turkey, a mix of white and dark meat

1 cup leftover turkey gravy or turkey broth.

Heat oil in large heavy skillet: add garlic and onion. Cook, stirring 3 minutes. Add peppers, cook stirring 2 minutes. Stir in potatoes, herbs, salt and red pepper flakes.

Stir in turkey and gravy. Cook, pressing down on the hash, until lightly browned, about 5 minutes. Turn with a spatula. Cook until browned on other side, about 5 minutes. Season to taste.

2019 Officers

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About LOGC

Monthly Lectures/Meetings (September-May)

Where: **Presbyterian Church of the Way**

3382 Lexington Ave N

Shoreview MN 55126

Website

<http://www.lakeowassogc.weebly.com>

There you can link to crosspollination for more clubs and calendar of events.

Facebook

<https://www.facebook.com/Lake-Owasso-Garden-Club-174124202623663/>

Membership

\$25.00 per year per family

Newsletter Submissions

Deadline is by the 25th of each month.

The newsletter is released on the first of the month.

We welcome pictures (provide a title and description, including Latin names of plants), news items, and commentary. Send content via email to raflipp@gmail.com



What's going on in the Minnesota gardening world?

Go to: <http://www.crosspollination.weebly.com>

Once There: You will find a calendar of events and links to many garden clubs and their Websites, Facebook, Twitter etc.