

Lake Owasso Garden Club

August eNewsletter



Next Meeting:

August Summer Tours

In August we'll visit Flower Child Farm where Hennepin Master Gardener Alison DeRungs grows flowers for cuttings, bouquets, and arrangements. It's a bit of a drive so we'll work on arranging a carpool but you'll definitely want to see this.

You can learn more about Alison's company at www.flowerchildfarm.com.

**Date: Monday 8/13/18, 6:30-8pm
Flower Child Farm
15640 Inca Circle NW, Andover, MN 55304**

Presidents Message

Well deserved congratulations to the Flower Show Committee, (Beth, Wendy, Patty and Lois) for an excellent job. A very well done for Beth who did so much. Thanks to Lois for her excellent educational project. The judges recommended it for the State Fair. Theresa did a beautiful job on the schedule.

Thank you so much for those who assisted with the judging. Also a good job by all who served as hostesses.

Thanks for club member's time and effort to make the beautiful arrangements, fine horticulture specimens and creative photographs.

Perhaps this is our last Flower Show, I hope not. It is a chance to push creativity and horticulture skills. Members get to share their gardening knowledge with the public who is eager to learn and try new things. Community service is one of our objectives.

Thanks to everyone who contributed.

Ron Kvass, August 2018

AUGUST in Minnesota

Average High:80°F
Average Low: 62°F

Average Rainfall: 4.29 in
Average Snowfall: 0

August 1, 2018
Sunrise 5:58am DST
Sunset 8:39pm DST
Total Daylight: 14:40 hours

August 31, 2018
Sunrise 6:33 am DST
Sunset 7:51pm DST
Total Daylight:13:17 hour

Treasurer's Report

Checkbook Balance, July 1	\$15,418.54
Paper Purchase for Flower Show	\$18.69
Expense: Bank Fee	- \$3.00
Checkbook balance July 31, 2018	\$15,396.85

Lorene Roste

FLOWER SHOW



Saturday 1:00 - 4:30

Sunday 12:00 - 3:30



“Through the Garden Gate”

“Through the Garden Gate” was the theme for our July 14-15, 2018 LOGC Flower Show. The flower show was dedicated to our club member Rose Diestler who passed away this past year. She was a flower show judge and promoted interest in floral design.

It takes many people to make a flower show a success, particularly when it is open to the public at the Ramsey County Library on Hamline Ave in Roseville. Many of the people who were asked to help stepped up and did their part from entering arrangements and horticulture specimens to planning, set up and clean up. A big thank you to all who participated.

Our judges had good things to say about the flower show, how attractive the room was, the inviting entry display, the horticultural specimens and interesting arrangements. We appreciated the comments they wrote on the entry card for each arrangement. Our new members spoke of enjoying learning about what a flower show is. 7 visitors to the flower show indicated an interest in LOGC activities.



Special appreciation goes to: Ramsey County Library Roseville for the wonderful free room and access to public and Beisswenger’s Hardware for the entry plants display.



A special thanks to the following people from Beth O., Show Chair!

Schedule Writing – Beth O Pat C. Wendy L. Norene F.

Typing and printing of schedule books and visitor fliers – Theresa M.

Flower Arranging Workshop – Pat C. Wendy L. Beth O.

Flower arrangement to advertise the show at the library –Lois W.

Arrangement entries – Wendy L.

Printing certificates – Patsy C.

Entry plant display – Ron K.

Printing show signage – Theresa M.

Horticulture Entries Display – Brianna G.

Photo Display set up – Norene F.

Publicity – Brianna

Photography of Show – Marty M.

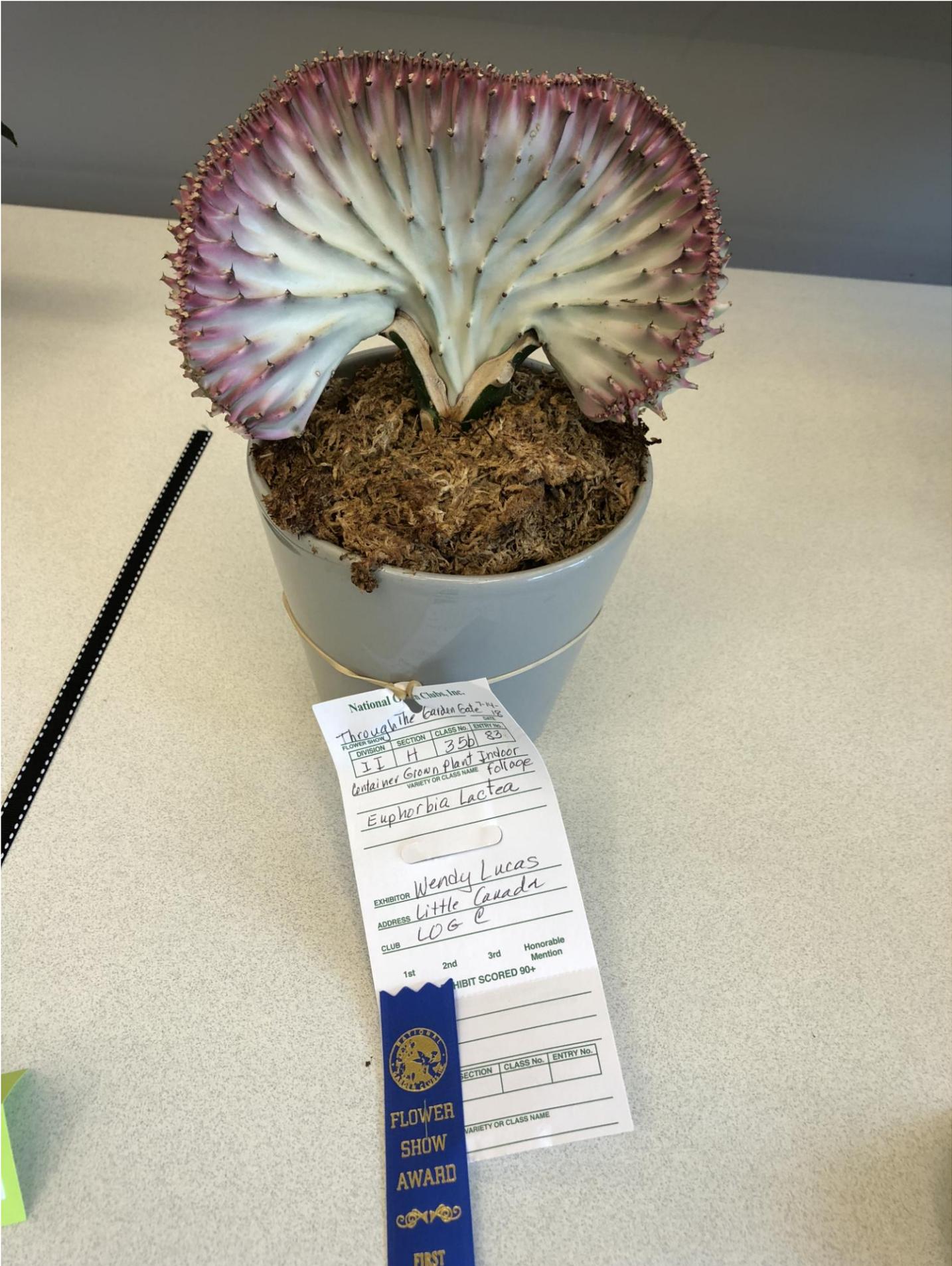
Judges – Beth O.

Educational Exhibit – Lois W.

Hostesses – Lois W. Irene B. Bev M. Evelyn P. Marci S. Joanne M. Evie L. Kirsten E.

Clerks to record and attach ribbons – Evie L. Pat C. Beth O.







"Just Add Water"

Articles and Photos by Soni Forsman

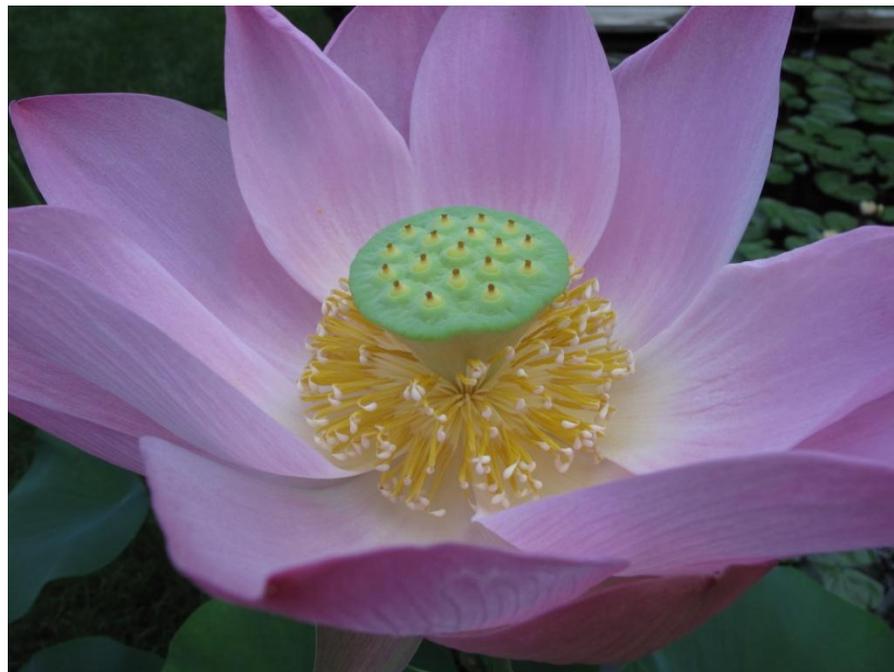
Lotus, Water Lilies and Japanese Beetles



Aquatic plants, especially water lilies and lotus, are not exempt from the destructive Japanese beetles. Of the two, they prefer the lotus. The beetles like tall plants rather than those closest to the ground or floating on water. The little buggers eat holes in the petals of Nelumbo 'Maggie Belle Slocum' and feast on the stamens, causing the flower to collapse. This year, the beetles arrived in swarms June 11th. For several weeks they would even land on me and fly into my hair as I worked outside in the sunny areas.



Impatient for the first lotus bloom to open, a beetle passes the time nibbling on a thick lotus pad.



Nelumbo 'Maggie Belle Slocum' from another summer. No lotus flower has escaped the ravages of this pest in 2018.



The good (honeybee) and the bad (Japanese beetle) share the same flower, Chinese hybrid Nelumbo 'Pretty Flower.'



Nelumbo 'Pretty Flower' a couple summers ago



Nymphaea 'Marliac Carnea' with beetle damage. Each summer, fewer than dozen waterlily flowers will be visited by the beetles. Because each waterlily produces lots of blooms each season, a summer's worth of blooms are not destroyed. Different story with the lotus. Each lotus has only two to six flowers a season and the bloom time is the two-plus months that the beetles are out. Some summers are worse than others. In my yard, this is the worse summer to date.



***Nymphaea 'Marliac Carnea'* without the Japanese beetles**



"Brianna's Kitchen Garden"

Esquites – Mexican Corn Salad

Serves 4-6

I'm really excited to share this new recipe with you. I found it last month and it got rave reviews from my friends. And, as a bonus, it wasn't even too hard. With corn

season upon up, give this a try as a side dish for Taco Tuesday or bring it to your next grill-out. The cooking corn kernels smell like popcorn while they cook and don't worry if some of the sugar from the corn sticks to the bottom of the pan a little. (It will!) Remember to add a splash of water right after removing the corn from the skillet. This loosens the *fond* (the browned bits and caramelized drippings of meat and vegetables that stick to the bottom of a pan after sautéing or roasting) and makes clean-up a lot easier.

Ingredients

1. 2 tablespoons canola or vegetable oil
2. 4 cups fresh or thawed frozen corn kernels (from about 5 medium ears)
3. 1/2 teaspoon kosher salt
4. 1 clove garlic, minced
5. 1/4 cup coarsely chopped fresh cilantro
6. 1 small jalapeño pepper, seeded and finely chopped
7. 3 tablespoons crumbled Cotija cheese, plus more for garnish
8. 2 tablespoons mayonnaise or Mexican crema
9. 1 tablespoon freshly squeezed lime juice
10. 1 1/2 teaspoons chili powder

Instructions

1. Heat the oil in a large cast-iron skillet over medium-high heat until shimmering.
2. Add the corn and cook, stirring occasionally, until toasted and golden brown, about 15 minutes.
3. Add the garlic and cook for 1 minute more.
4. Remove the skillet from the heat and allow the corn to cool for a few minutes.
5. Transfer the corn to a large bowl.
6. Add the cilantro, jalapeño, Cotija, mayonnaise, lime juice, and chili powder and stir to combine.
7. Top with additional Cotija and serve warm or at room temperature.
8. Make ahead: The corn can be cooked up to a day in advance and stored in an airtight container in the refrigerator. Bring to room temperature for about 15 minutes before assembling the salad.
9. Storage: Leftovers can be stored in an airtight container in the refrigerator for up to 3 days.

Source:

<https://www.thekitchn.com/easy-potluck-recipe-esquites-mexican-corn-salad-191567>

Planting for Fall

It's August so obviously it's time to start thinking about fall, right? I sense skepticism.

My vegetable garden is humming along with the summer crops – the green beans are almost done, the broccoli is working on its second heads, the tomatoes are coming into their own, and the peppers are starting to form – so why would I be thinking about the fall?

Hear me out. Those summer plants won't be in the beds for long now that they are ripening and soon I'll have bare soil that will be exposed to the elements and weeds. That's not good for the soil and it's not good for my 2019 garden. (I don't want to do anymore weeding than necessary.) One thing we can do to prevent this is to put another plant in the empty spot and, if we plan ahead, we can protect the soil, prevent weeds, and get more vegetables from the garden.



The key is choosing cool-season crops that have a short growing season and starting seedlings indoors. I recommend radishes, peas, lettuces, spinach, and beets. Heck, you can even start another round of green beans. These plants can handle the cooler temperatures as we head into fall and have a short enough growing season that we should be able to harvest a crop before the ground freezes.

The hard part of fall planting is the timing. We need to start the seeds now in order for them to be ready before the first hard frost date but they will struggle if we plant the seeds outside right now. As cool-season plants, they need cool soil to *germinate* (sprout), between 55-65°. However, our August soil is far too warm for them, between 75-80°. The solution is starting the seeds inside and transplant them once the plants mature a little, just like our tomatoes, eggplant, and peppers.

So break out your potting soil and shop lights. It's time to start some seeds!

Plant "Imagination"

Verbena 'Annie'



Exclusive. Verbena 'Annie' is a truly cold hardy, long-lived, long blooming perennial Verbena. The lightly fragrant, lavender-pink flowers start up in mid-spring and are continuous until hard frost in October. Brought into cultivation as an heirloom plant from a Minnesota garden. Great as a large scale groundcover. Drought resistant/drought tolerant plant.

Annie's Perennial Verbena was recently brought into cultivation by nurseryman Kelly Grummons, owner of Timberline Gardens in

Arvada, CO. He got cuttings from a Denver customer whose grandmother (Annie) has been growing it in her Minnesota garden for many, many years. The lightly fragrant, lavender-pink flowers start up in mid-spring (late March/early April) and are continuous through hard frost in October. The plant prefers loamy or clay loam soils and thrive in full, hot sun. If after a hard summer season, the plant looks a little tired, shear it back hard to bring it back into color. (cutting propagated)

6" tall x 24-30" wide, Full Sun, Zone 4-8, Clay Soil, Sandy Soil, Average Soil

Deer Resistant, Attract Butterflies, Attract Hummingbirds, Rabbit Resistant, Easy to grow, Fragrant Flower / Foliage, Good for Containers, Groundcover, Native, Extended Bloom Time (more than 4 weeks), Good Rockgarden or alpine plant

Taste That!

Mango Lassi Yogurt Pops

Makes 6 (6 oz) pops

Bases for frozen pops can be juices (homemade or store bought), fruit purees, yogurt, pudding, ice cream, sherbert, coffee or tea. (Note: The last two have to be brewed to double strength because freezing dulls the flavor.) Recipe adapted from Summer Bicknell of Locopops in NC

1 mango (fresh blueberries or strawberries instead.) Generally, you need ½ Cup fruit puree to 12 oz yogurt. Adjust sugar to taste.

1 ½ cups plain yogurt (regular, low-fat or fat-free)

2 – 3 tsp sugar, to taste

To make puree: Peel mango. Cut fruit away from pit. Discard pit. Puree mango flesh in food processor or blender. In bowl, stir in yogurt until smooth and creamy (no lumps). Add sugar and pureed mango. Stir to blend thoroughly. Taste for sweetness. (Note: If it taste perfect before freezing, add a pinch or more sugar, as flavors tend to diminish when frozen.)

To freeze: Pour puree into molds. Freeze for at least 8 hours

To serve: To extract, run hot water over bottom and sides of pop mold for 5 seconds. Repeat for 5 seconds if needed. Serve immediately.

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About LOGC

Monthly Lectures/Meetings (September-May)

Where: Presbyterian Church of the Way
3382 Lexington Ave North,
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Website

<http://www.lakeowassogc.weebly.com>

There you can link to crosspollination for more clubs and calendar of events.

Facebook

<https://www.facebook.com/Lake-Owasso-Garden-Club-174124202623663/>

Membership

\$25⁰⁰ per year per family

Newsletter Submissions

Deadline is by the 25th of each month.
The newsletter is released on the first of the month.

We welcome pictures (*provide a title and description, including Latin names of plants*), news items, and commentary. Send content via email to raflipp@gmail.com



What's going on in the Minnesota gardening world?

Go to: <http://www.crosspollination.weebly.com>

***Once There:** You will find a calendar of events and links to many garden clubs and their Websites, Facebook, Twitter etc.*